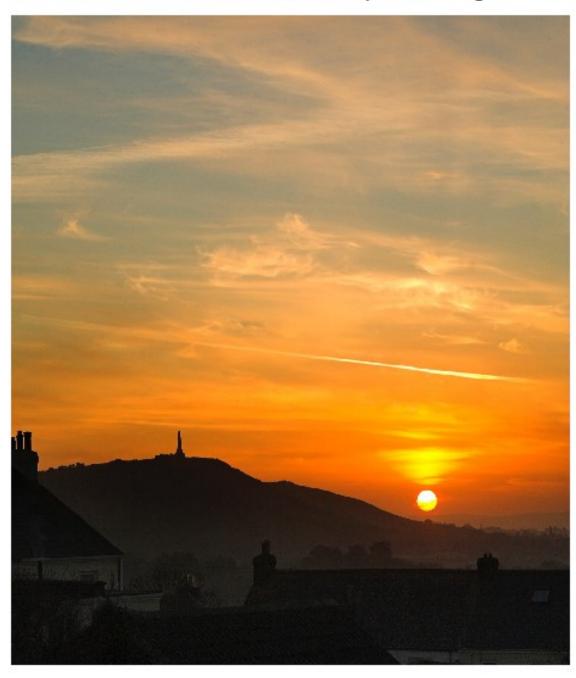
FIVE ALIVE

The Magazine of the Redruth Team Ministry

St Euny Redruth, Christchurch Lanner, St Andrew Pencoys St Andrew Redruth and St Stephen Treleigh



JULY 2019 PRICE £1.00





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by FRIDAY 19 JULY

Rector's Notes – JULY 2019

It's about coming to the foot of the cross and saying 'Thank you Jesus for all you have done for me. What can I do for you in return?'



Every couple of months I get together with the other rural deans from the bottom half of the diocese together with the archdeacon, and we have lunch in the home of one of us, and talk about things that are going on. It's a chance for a bit of a moan sometimes, but also a chance to encourage each other. Recently we met and David Miller, RD of Kerrier (and vicar of Helston) having just been on an Ignatian retreat for a week came up with this very simple summary above of a response to God's grace. We were all struck by its simplicity and truth.

I really enjoy this time in the church year when we arrive back in Ordinary time as we call it, the liturgical colour returns to green, the colour of healthy growth, and we get on with regular church activity. This year that coincides with some very exciting new opportunities you might like to get involved with through the Experience project that Deb wrote about last month. We presented that to schools in mid-June and already we have up to 400 school children booked to come to various of our churches, and now we're looking for help to host these visits! Plus there are so many other ways we're keen to serve our communities, if we had the helpers.

Also it's been encouraging following the round of church annual meetings to have some people pretty new to our churches volunteering to take on roles as church officers. Thank you! Though every one of our PCCs / DCCs still has vacancies of one sort or another.

The wonderful truth of the Christian message is that in Jesus God has reached out to us with amazing love, and that as we respond to that love he gives us new purpose in life, knowledge of our salvation, and freedom from the stuff that may have weighed us down in the past. It is extraordinarily good news! And many in our congregations have discovered the reward of giving back to God in service of all sorts, and giving financially too.

But I've realised that some church members are nervous about putting themselves forward to help with these things, for all sorts of reasons. If that's you, and you'd like to help more but you're not sure what you could do, or whether you'd really be up to the task, please be brave! You've no idea how encouraging it is when someone different comes forward and says 'I'd like to help more', even if the next phrase is 'but I'm not sure how...'



At the foot of the cross, saying 'Thank you Jesus for all you have done for me. What can I do for you in return?'

Please get in touch if you'd like to know more

With my prayers & best wishes Caspar Bush (Team Rector)

Revd Graham Adamson shares a few words about HeartEdge, a national movement and network which our Benefice has joined.

HeartEdge launched in February 2017, a community initiative sparked by the congregation at St Martin-in-the-Fields, Trafalgar Square. HeartEdge lead, Revd Jonathan Evens of St Martin-in-the-Fields, says, "Our vision is of a global movement renewing the local church, sustaining lively and dynamic communities in a thriving society."

Redruth Benefice is now one of 60 "founder members" of the growing network, part of developing the HeartEdge 4 Cs:

Commerce, Culture, Compassion and Congregation

Just glance at the church notices on any given week and you'll agree that we already work instinctively and with conviction in our communities in lots of ways. HeartEdge is about championing and deepening that engagement, and especially our relationships with the most marginalised in society.

HeartEdge aims to be many things: a useful community, a 'go-to' resource, and a source of energy and encouragement for like-minded churches. There is very much a practical emphasis – from building community, engaging in arts and developing commercial activity.

The story so far...

The ball is already rolling for us here in the Redruth area; in September last year a team from St Martins came down for a day and they were astounded at the breadth of work already happening and encouraged us to dream new possibilities for the Kingdom of God in our area, mapping out what is already here as provision for our communities.

Following that, in January a small group of us visited a large Anglican church in Exmouth to witness the incredible transformation they have seen, both in their use of the building and their outreach to the marginalised through a community café in the town centre.

Then the dreaming and praying continued here as we have started to gauge and gather support from across the benefice, asking the question: "what is God doing here, and how might we join in?" There have been some fantastic ideas so far, and a real sense of the significance this project might hold for us.

Along these lines we would like to invite all in the benefice to join us for a meeting at St Andrew's Redruth to help take this vision further.

10th July | 19:30 | St Andrew Redruth

So, please do come along, hear about the story so far and help us to write the next chapters!

See you there!

ST ANDREW REDRUTH

This Month I sit writing, almost at the top of the St Andrews rollercoaster that leads to Arts Festival Week! Hearts are racing and minds are whirring with the anticipation. Tomorrow Artists will be welcomed, artworks hung and cakes baked, all with impending excitement and a splash of nerves! The cogs are on their final turn and on Saturday we begin our exciting and thrilling ride, through colour, sense and space.

As we hurtle through into the twists and turns of Murdoch day we begin to get some tasters of the week to come. Our theme, Look Up, is highlighted by Pennoweth School's marvellous parade models, which are suspended from our roof beams, swathed with the wonderful silks of Yskynna, an amazing local vertical dance company and dotted with incredible artworks, from local artists and schoolchildren. Each piece evokes an emotion and adds to the thrill of the week.

As we ride excitedly through the first few days, we have all the senses and feelings of the fair-ground, Yskenna provide high up entertainment, a circus of movement and motion that takes your breath away. They leave you wishing you could stay for another performance and asking yourself whether people really can defy gravity. The scents of delicious food invade your nose prodding you to stay and eat lunch, whilst your ears pick up the sounds of laughter, conversation and friendship, and this year even a chorus of bird song can be heard. Here in church, colour and creativity are welcomed and you are invited to explore them.

Another highlight of our High Flying Arts Festival is the sounds that you can hear as you travel through, the singing to accompany Yskenna, performed by our church group Dhiworth-an-Gollon (From the Heart), our ever popular Youth Concert and the extraordinary talent and potential of the performers. We also have the fantastic spoken sounds of the Poems, Pasties and Pint night, a night at which you might find yourself caught in emotion, laughing one minute and crying the next. Don't worry though the pasty and pint always help! Finally to bring the festival, to its close, an uplifting and entertaining evening is to be had with the fabulous Redruth Town Band. Their bright and brilliant sound echo through our church and you can almost feel the music beating through your veins as they play.

So as I sit here, nervous and excited about that tip over into the wild ride that is art week, I hope that many of you enjoyed a stroll around our carnival of colour, that you celebrated with us either at St Andrews or on one of our Walks, that your senses were filled with the delights we had to offer and that you at least had a chance to sample our cake.

Following on from our Festival it is our pleasure to announce that after much discussion and a busy Arts week, we will be opening our church during weekdays. Please feel free to come and visit us.

Fran Thurston

ST EUNY

As I write this, two days prior to the annual Murdoch Day celebration in the town, mizzly rain is falling wetting everything through. Let's hope for a good day on Saturday, 15 June for all involved in any way.

Looking back over the last few weeks, we were delighted on 16 May in the evening to host the Village Project, put together by Simon Birch and his dancers, with music by Clare Ingleheart. This is a project involving communities from only 5 churches throughout Cornwall, so we were thrilled to be chosen as one of the venues to highlight this project. The event included games, live dance and music, and craft activities. Thanks to our Outreach Worker, Clare Brown, for facilitating this event.

Speaking of which, by the time this magazine goes to press, Clare will have left us for new challenges working in the Penlee Cluster as a part-time Business Manager. We wish her well for the future and thank her for all she has brought to St Euny during the past 21 months. We thank our volunteers for their ongoing help each week – Margo, Madge, Chris and newly recruited Jo.

The monthly walks on the last Saturday of each month will continue, however, in a different format as Clare was the First Aid trained person on these walks. They will continue to be run by Group Walk Leader, Suzanne, but will not be under the St Euny Ramblers banner, just a friendly group of walkers, with or without four legged friends. Each walk leaves St Euny Church at 10am for a 2-3 hour walk with refreshments either back at Suzanne's home or at Krowji. The next walk is on Saturday, 27 July. Many thanks to Suzanne for her enthusiasm in leading these walks.

At our Morning Praise service on 26 May, we had the Anglican/Methodist preacher, Jim Seth! As we had three young members in the congregation, Jim regaled them with his amusing stories and then gave an uplifting 'talk' which left some of us in tears! Thank you Jim. We send our love to Lez for a speedy recovery after her surgery.

We have been delighted to have Revd Deb with us for two continuous Sundays, 2 and 9 June, coaxing her gently back into work. We all send our love for her continued progress, as we do to Marlene Reseigh who has recently spent two weeks in Treliske, but is now home.

On Saturday, 13 July between 9am-4pm the Diocese are holding their Local Worship Leader Network Day at St Euny Church. Further details: Lydia Remick, Local Worship Leader Training Co-ordinator: lydia.remick@truro.anglican.org or 01872 360027 or Jason Hoole-Jackson, LWL: Jason.hoolejackson@gmail.com.

We are always privileged to hold any of the pastoral offices at St Euny, and after so many funerals this year, we are delighted to be welcoming our first bride and groom of the year – Sam and Robyn for their 'big day' on Saturday, 6 July. It will also be a big day in the calendar of our curate, Revd Graham, who will be officiating at his first ever marriage ceremony. Well done Graham and congratulations on your upcoming ordination in Truro Cathedral on Saturday, 27 June at 10.30am. We wish you well for the future.

St. Andrew's Church Pencoys with Four Lanes United Methodist Church 'Flapjack'

working, worshipping and praying together as 'One in Christ'

You are most welcome to visit the church, open daily, usually from 10 am to 5 pm

LAMP: The First Sunday Evening Event on 2nd June took the form of a Sankey Evening at Four Lanes Methodist Church, which was well attended and supported the work of St. Teresa's Cheshire Home at Long Rock, for which the sum of £115 was raised. The next First Sunday Evening Event, to be held at St. Andrew's Pencoys 6 pm on Sunday **7**th **July** will be a **Pet Service** and will feature the work of the **Cornwall Animal Hospital** at Treleigh, for which there will be a voluntary retiring collection. Everyone is welcome to this service, and to bring their pets for blessing. Please ensure that all animals are on a lead, in a cage or enclosed basket, bowl (fish) and secure, and spread the invitation to friends, family and neighbours to come and celebrate all God's creatures and the joy they bring us. (A polite request: please bring pet waste bags, if applicable, for use in case of 'accidents'!)

We look forward to welcoming everyone to our **Annual Summer Fete** on Saturday **13**th **July** from 12 noon to 2 pm to be held in Pencoys Hall and Car Park, where there will be a buffet lunch and various stalls, including the popular 'Vicar's Surprise' Lucky Dip (not Christmas gifts this time) as well as tempting Raffles, delicious cakes and refreshing summer food. Please see our separate notice.

We shall be holding another Flapjack meeting on Tuesday 16th July at 4 pm in St. Andrew's Church, Pencoys, to discuss future plans. Anyone interested in this project will be very welcome.

Coming soon (advance notice) In September we shall be starting to run a monthly Children's Clothing Bank in Pencoys Hall on every third Saturday morning, when families will be invited to exchange pre-loved for soon-to-be-loved children's clothes, or simply to come and benefit from the Bank and enjoy refreshments and a chat at the same time. We thank Fr. Peter for this generous initiative, for which we ask for everyone's prayers. Please see the August and September issues of Five Alive for more details.

Our thanks go the members of St. Andrew's Redruth for the considerable effort involved in organising their annual Arts Festival Week, being held between the deadline and publication dates of this issue of Five Alive, and for enriching the whole community with the variety of experiences on offer,

We are pleased to welcome back Revd. Deb and pray for her continued good health. We also pray for Revds. Graham and Haley as they prepare for their Ordination to the Priesthood on 29th June and for happiness, success and fulfilment in their future ministries.

Jill Tolputt

ST STEPHEN TRELEIGH



Treleigh has its fair share of traditions that have come about over the years. One particular one concerns the dedicated hymn books. If one of us is given a hymn book dedicated to a member of one of our congregation's family we swap hymn books with that person. It makes for a very personal tradition and means that past members of our congregation are constantly in our minds.

Treleigh Ladies Group had a very enjoyable and particularly hilarious outing to Trelawney Garden Centre in Wadebridge on May 22nd. Enthusiastic retail therapy was interspersed with a delicious lunch and plenty of cheerful chatter!

Treleigh Garden Fete is looming and takes place on July 6th at 2pm in The Hawthorn Garden, next to the church. In days gone by side shows included bowling for a pig! The pig would be in a pen at the fete and the lucky winner would be expected to take him home at the end of the afternoon! Another attraction was a baby show which attracted forty eight babies!

In 1942 a horticultural show was introduced and combined with the garden fête. This proved to be an immediate success, the first year attracting over three hundred entries.

We can't promise the excitement of bowling for a pig (thank goodness!!) but it will be a great afternoon's entertainment with all the fun of a traditional village fete with the added attractions of The Skyliners Band and a display by Griff's Martial Arts Club, plus a delicious array of refreshments in the hall. See you there!!

Trish Rowe (01209 218416)

CHRISTCHURCH LANNER

Film Club

We are earning a reputation at our Film Club's for showing "weepy" films and May's film was no exception. Everyone enjoyed watching Finding Your Feet, starring Imelda Staunton, Celia Imrie, Timothy Spall and Joanna Lumley. The film told the story of a judgmental snob who finds herself living with her bohemian sister in an inner-city council estate. June's film is A Day At The Races, starring the Marx Brothers, with Margaret Dumont, Allan Jones and Maureen O'Sullivan. The film was released in 1937 and was a major hit. Doors open at 6:30pm and the film starts at 7pm on Friday 28th June. Film Club nights are always the last Friday of each month and is part of the CFylm scheme.

Gin and Jazz

Thank you to everyone who supported the Gin and Jazz Evening. After hearing the Four Tunes Saxophone Quartet perform a selection of jazz numbers, the audience could indulge in some gin-tasting. There were seven gins to taste, ranging from dry gins to spicy gins to fruity gin liqueurs.

LAMP

LAMP made a return visit to Country Skittles on 27 May. We all had a great time playing skittles and enjoyed a delicious meal afterwards.



July			
1st Mo	1.30pm	Crypt	Crafty People
	5pm	Pencoys Hall	Hall development group
	6pm	St Andrew Redruth	Healing Service in the Lady Chapel
2nd Tu	8.30am	St Andrew Pencoys	Morning Prayer
	9.30am	St Euny	Holy Communion
	9.30-11.30am	St Andrew Redruth	Pennoweth Primary School 'Experience Church'
			class visit to St Andrews
	2pm	Glencoe	Hymn singing
3rd We	8.30am	St Andrew Redruth	Morning Prayer in the Lady Chapel
	10am	St Andrew Redruth	Holy Communion in the Lady Chapel
	10.30am	St Stephen Treleigh	Treleigh School KS1 Assembly, all welcome
	11am	Christchurch Lanner	Holy Communion (BCP)
	11am	Lavinia's house	Margaret's Upper Room meeting
	11.30am	Christchurch Lanner	Study Group on the Cornish Saints begins
	2pm	Tremethick	Hymn singing
	3pm	Crypt	TOAST (Year 6 & Above)
4th Th	7.30pm 8.30am	St Euny St Euny	Tower Bell Practice
401 111	9.15am	Crypt	Quiet Morning Prayer Tiddlers Toddlers (to 11.15am)
	9.30am	St Stephen Treleigh	Morning prayer & HC
	1.30-3.30pm	St Euny	Open Café. Everyone is welcome
5th Fr	10.15am	12 Mount Carbis Gdns	Book Club
J	4.30am	Pencoys Hall	DCC meeting
	7pm	St Stephen Treleigh	Healing Service
6th Sa	1pm	St Euny	Wedding
	2pm	St Stephen Treleigh	Treleigh Garden Fete in the hawthorn
			garden, next to the church
	2pm	Christchurch Lanner	DSTeenyBeenies*
	4pm	Christchurch Lanner	DSBeenies*
	7pm	Pencoys Hall	First Saturday Quiz
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7th Su	3rd Sunday at	-	
	9.30am	Christchurch Lanner	Sung Holy Communion
	9.30am	St Andrew Redruth	Sung HC with Children's Sunday Club
	11am	Four Lanes Chapel	FLAPJACK Holy Communion
	11.15am	St Euny	Holy Communion
	11.15am	St Stephen Treleigh	Sung Holy Communion
	2pm	St Andrew Redruth	Civic Service with Redruth Town Band
	3pm-5pm	Four Lanes Chapel St Andrew Pencoys	Lighthouse LAMP First Sunday event. Pet Service
	6pm	3t Anulew Pelicoys	supporting Treleigh Animal Hospital
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	1.30pm	Crypt	Crafty People
C.11 1410	6pm	St Andrew Redruth	Holy Communion in the Lady Chapel
	7pm	Christchurch Lanner	'The Priest in the Community' study group
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9th Tu	8.30am	St Andrew Pencoys	Morning Prayer
Juli la	9.30am	St Euny	Holy Communion
	11am	St Euny	Yoga*
10th We		St Andrew Redruth	Morning Prayer in the Lady Chapel
10011 440	10am	St Andrew Redruth	Holy Communion in the Lady Chapel
	11am	Christchurch Lanner	Holy Communion (BCP)
	11am	Lavinia's house	Margaret's Upper Room meeting
	11.30am	Christchurch Lanner	Study Group on the Cornish Saints
	3pm	Crypt	TOAST (Year 6 & Above)
	7.30pm	St Andrew Redruth	HeartEdge meeting. Open to all, to find out
	7.50pm	St Andrew Rediden	more about the HeartEdge network/vision
	7.30pm	St Euny	Tower Bell Practice
11th Th	8.30am	St Euny	Quiet Morning Prayer
	9.15am	Crypt	Tiddlers Toddlers (to 11.15am)
	9.30am	St Stephen Treleigh	Morning prayer & HC
	11am	St Euny	Yoga*
	1.30-3.30pm	St Euny	Open Café. Everyone is welcome
12th Fr	9.30am	St Euny	'Benefice Blokes' / 'Statin Strollers' meet
13th Sa	9am-4pm	St Euny	Local Worship Leaders Network Day
	12 noon	Pencoys Hall + Car Park	Summer Jumblefood Fete and buffet lunch
	2pm	Christchurch Lanner	DSTeenyBeenies*
	4pm	Christchurch Lanner	DSBeenies*
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14th Su	4th Sunday af	ter Trinity	
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18th Th 19th Fr 20th Sa	3pm 7.30pm 8.30am 9.15am 9.30am 11am 1.30-3.30pm 11am-1pm 11am-2pm 2pm 2.30pm 2pm	Crypt St Euny St Euny Crypt St Stephen Treleigh St Euny St Euny Pencoys Hall Crypt Christchurch Lanner St Stephen Treleigh Christchurch Lanner	TOAST (Year 6 & Above) Tower Bell Practice Quiet Morning Prayer Tiddlers Toddlers (to 11.15am) Morning prayer & HC Yoga* Open Café. Everyone is welcome Children's Clothing Bank Diocesan Green Church Kernow event Jumble Sale Baptism DSTeenyBeenies*
	4pm	Christchurch Lanner	DSBeenies*
++++++	•		++++++++++++++++++++++++++++++++++++++
21st Su	5th Sunday at	fter Trinity (Sea Sunday)	
	9.30am	Christchurch Lanner	Family Holy Communion
	9.30am	St Andrew Redruth	Sung HC with Children's Sunday Club
	11am	Four Lanes Chapel	FLAPJACK Service of the Word
	11.15am	St Euny	Holy Communion
	11.15am	St Stephen Treleigh	Holy Communion
	2pm	Christchurch Lanner	Baptism
	6pm	St Andrew Pencoys	Sung Holy Communion
22nd Mo		St Andrew Redruth	Pennoweth Primary School 'Experience Church' class visit to St Andrews
	1.30pm	Crypt	Crafty People
	6pm	St Andrew Redruth	Holy Communion in the Lady Chapel
23rd Tu	8.30am	St Andrew Pencoys	Morning Prayer
	9.30am	St Euny	Holy Communion
	11am	St Euny	Yoga*
24th We		St Andrew Redruth	Morning Prayer in the Lady Chapel
	10am	St Andrew Redruth	Holy Communion in the Lady Chapel
	11am	Christchurch Lanner	Holy Communion (BCP)
	11am	Lavinia's house	Margaret's Upper Room meeting
	11.30am	Christchurch Lanner	Study Group on the Cornish Saints
	3pm	Crypt	TOAST (Year 6 & Above)
05.1 -	7.30pm	St Euny	Tower Bell Practice
25th Th	8.30am	St Euny	Quiet Morning Prayer
	9.30am	St Stephen Treleigh	Morning prayer & HC
	11am	St Euny	Yoga*
		No St Euny Open C	afe - Restarts 15th August

No St Euny Open Caje - Restarts 15th August

26th Fr	2.30pm	Christchurch Lanner	Snack and Chat
	6.30pm/7pm	Christchurch Lanner	Film Club

27th Sa		St Stephen Treleigh	Moveable Feast of Prayer
	10am	St Euny	Walk
	11am	Four Lanes Chapel	Bangers & Mash
	6pm	Christchurch Lanner	DSBeenies* Talent Showcase
++++++	++++++++++	++++++++++++++++++	+++++++++++++++++++++++++++++++++++++++
28th Su	6th Sunday af	ter Trinity	
	9.30am	Christchurch Lanner	Sung Holy Communion
	9.30am	St Andrew Redruth	Sung HC with Children's Sunday Club
	11am	St Andrew Pencoys	FLAPJACK Holy Communion with hymns
	11.15am	St Euny	Morning Praise
	11.15am	St Stephen Treleigh	Sung Holy Communion
	2pm	St Stephen Treleigh	Baptisms
	4pm	Pencoys Hall	Tea Time event
	6pm	St Andrew Redruth	Breathing Space
+++++	+++++++++	+++++++++++++++++	+++++++++++++++++++++++++++++++++++++++
29th Mo	1.30pm	Crypt	Crafty People
	4.30pm	Trelowan	Last Monday Bible Study
	6pm	St Andrew Redruth	Holy Communion in the Lady Chapel
30th Tu	8.30am	St Andrew Pencoys	Morning Prayer
	9.30am	St Euny	Holy Communion
		•	
	Summer Ho	liday Project begins (co	ntact Father Peter for full details)
		, , ,	,
31st We	8.30am	St Andrew Redruth	Morning Prayer in the Lady Chapel
	10am	St Andrew Redruth	Holy Communion in the Lady Chapel
	11am	Christchurch Lanner	Holy Communion (BCP)
	11am	Lavinia's house	Margaret's Upper Room meeting
	2pm	Crossroads	Hymn singing
	-p	0.00010000	77777777777

Redruth Team Ministry is delighted to support various independent community groups which are marked *

Tower Bell Practice

St Euny

7.30pm



<u>TRELEIGH</u>

Church Garden Fête

Saturday 6th July At 2pm
Music by
The Skyliners Band
DISPLAY

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White Elephant
Jewellery

Cakes



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ALL WELCOME

FROM THE REGISTERS					
FUNERALS					
20 May 20)19	Shirley May Dunstan	St Stephen Treleigh		
28 May 20)19	Ray Goldsworthy	St Andrew Pencoys		
03 June 20)19	Barbara Lynwood Bartle	St Euny		
		INTERMENT OF ASHES			
08 June 201	9	Greta Mary Stephens	St Stephen Treleigh		
		WEDDINGS			
01 June 20)19	Bryan Allen Hawke an Melissa Jane Wilce	St Stephen Treleigh		
BAPTISIMS					
12 May 20)19	Logan Kyle David Hole (correction from June editon)	St Stephen Treleigh		
02 June 20)19	Rosina Joyce Whitman	St Andrew Redruth		

Book Club—July 5th

An open session for anyone to give a review of a favourite or recently read book



LOOK UP!!
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2019

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NUMBERS QUIZ

- 1. How many years are celebrated in a traditional 'Pearl Wedding Anniversary'?
- 2. How many American Presidents have been assassinated whilst in office?
- 3. At what age did Amy Winehouse, Jimi Hendrix, Janis Joplin and Kurt Cobain all die?
- 4. David Beckham wore the number 23 shirt at Real Madrid in honour of which sporting legend?
- 5. How many lines are there traditionally in a sonnet?
- 6. 'Five Colours in her Hair' was a British Number One hit for which group in 2004?
- 7. Which shirt number would you associate with hockey legend Wayne Gretzky?
- 8. Which television family lived at 1313 Mockingbird Lane?
- 9. How much is a gross?
- 10. What number is the 'answer to the ultimate question of life, the universe, and everything' in the *The Hitchhiker's Guide to the Galaxy*?
- 11. How old was the Queen Mother when she died in 2002?
- 12. 48 Crash is a song by which American born singer?
- 13. What is the ninth prime number?
- 14. A lustrum was a period of how many years in Ancient Rome?
- 15. In rugby league, how many points is a drop goal worth?

Answers next month

<<Talkabout>> Room 101© by Tricia Rowe

Has anyone ever watched "Room 101" on BBC television? The premise of the programme is that celebrities consign their pet hates to Room 101 and they are duly sent down the chute into oblivion. Room 101 features in George Orwell's novel 'Nineteen Eighty Four' as the torture room and is said to be based on a conference room at the BBC where he had to sit through boring meetings! Inspired by this I decided to compile my own list of pet hates to be consigned to Room 101! So here goes....

Dog owners who let their dog run free. I was at a local playing field years ago when our children were small and a loose dog shot into the back of my legs at speed and sent me flying over his back, landing on my back on the ground. No ill effects but there could have been. The owner just called the dog, no apologies, and left and I was too dazed to follow it up. We also find quite often that used dog waste bags are either lying on the path or hanging up in the bushes.

Procrastination! When I first started writing, many years ago, it was amazing what lengths I would go to in order to avoid that blank piece of paper! I'd tell myself that I needed a tidy mind to write so I would get all the odd jobs done. I knew that when I got into the feel of the article I would be fine and produce a piece of work I would be pleased with but in the meantime there would be washing, bed making, hoovering, dishes, probably shopping and by the end of it my mind would be too tired to cope with the writing! No problem with that now though, but I do find I'm inclined to do the same with my acrylic paintings!

Motorists, motor cyclists and cyclists who think they own the road and put others at risk. The first two who use excessive speed, with no regard for bends and oncoming traffic, and the cyclists who jump traffic lights or jump onto the pavement, avoid the lights and then jump back onto the road as if expecting the motorist to take responsibility for avoiding them.

One coat paint....a few years ago I thought we ought to move with the times and use this to save time and managed to talk Dave into it, much against his better judgement! It is obvious, isn't it? Why put on several coats when one will do?? We painted the hall with this one-coat wonder. I was delighted, I had dragged him out of the dark ages and into the present. As it turned out it would have been better if I had left him where he was! The result wasn't good! The one coat paint reacted badly and the wall came up in a rash of bubbles! We rubbed it down and put on two coats of Dave's original choice of paint, but that wall has never been the same since. The bubbles never really disappeared and, although not noticeable to the casual eye, to us it is a pig's ear!

Fish soup! I can't get my head around it! To my mind soup should be either meat or vegetable, and fish doesn't seem to fit the bill! I avoid it at all costs! So that's another pet hate I could do without!

So that's my list to consign to Room 101, what's yours?



DO YOU KNOW ANYONE WITH MEMORY PROBLEMS?

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Redruth Memory Café/Activity Group

- We meet at Redruth Community
 Centre
- On second and fourth Wednesday each month
- Between 1:30 and 3:30
- For anyone with concerns about their own memory or a family member's memory
- For friendship, fun, support, information
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Instead of sitting at home alone **why** not pop in for a cuppa and see what you are **missing**

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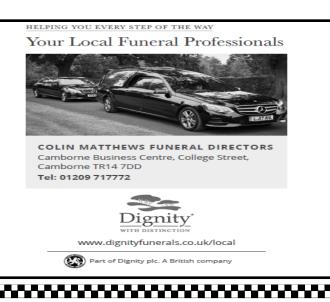


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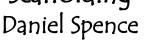
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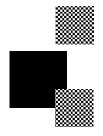
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