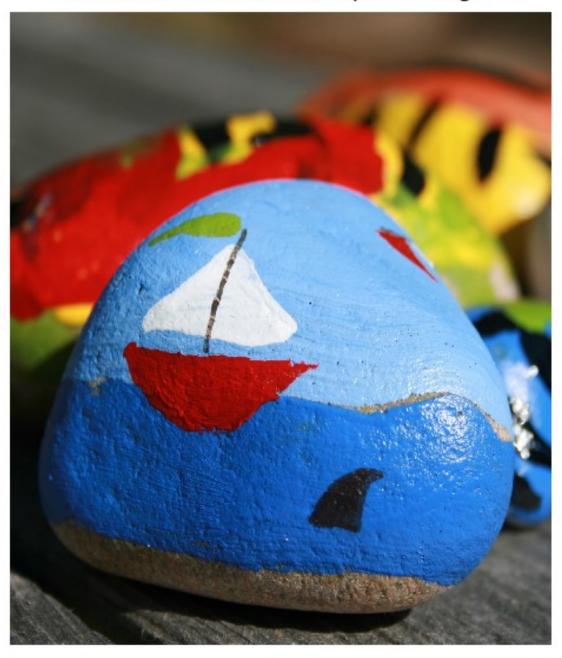
# FIVE ALIVE

#### The Magazine of the Redruth Team Ministry

St Euny Redruth, Christchurch Lanner, St Andrew Pencoys St Andrew Redruth and St Stephen Treleigh



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by FRIDAY 19 JUNE

#### **Rector's Notes – JUNE 2020**

#### Coming out of lock-down?

I write this in the curious bit of the church year in between Ascension Day and Pentecost, the time we recall the disciples together in that upper room, praying and waiting for the Holy Spirit to come. Traditionally in the church it has been a time of



waiting and praying for all Christians, and I hope you've had a chance to engage with the Thy Kingdom Come prayer initiative – asking God to renew the Church.

It feels a bit like that waiting time for us in relation to COVID-19 at the moment. We've been through the first phase of lock-down. Now the restrictions are slowly being relaxed in the community, but none of us really knows how that's going to work out, nor how long it will be before life can look like it did before. We'll all have our own thoughts about the things we're longing to be able to do again, and also perhaps the things we're quite glad to have given up, or indeed the new things we've taken up.

It's important we look to God to show us what he wants for the future of our churches – rather than simply carry on where we left off without really thinking about it.

#### What happens next

At the time of writing it looks like the earliest church services might happen again is early July. But if they happen, they will be different — for instance it seems unlikely singing will be permitted initially. And I'm very conscious that even if services are allowed, many in our congregations may choose to stay away, for their own safety. For that reason it's very likely our on-line Zoom services will be continuing for some months to come, along with the other Zoom events we've been enjoying together.

#### Helping you to get online

This magazine is going out to all subscribers, by post or email. If you are one of the people who simply can't access our online church activity because you don't have the equipment, we'd really like to help you. Please phone up one of the clergy in the first instance, and we can explain what's needed. We can explain the three stages:

- 1. Phoning BT (or the equivalent) to upgrade to an internet service it might cost an extra £3 per month.
- 2. Buying a tablet device (might cost £100 £150)
- 3. Having a friendly person explain how to use it!

It may not be your favourite thing to think about, but please do consider this. It will open up a whole new way of being connected to many of your friends, and could really encourage you in your faith too.

With my prayers & best wishes Caspar Bush (Team Rector)

#### Revd Graham writes .....

It might seem astounding, but apparently up to a third of young adults in the UK have accessed church online in some way during the coronavirus lockdown. With our home-grown efforts on Zoom, Facebook and YouTube we have joined a long list of churches who are now entering the digital world. It won't replace meeting face to face, and gathering together in our church buildings, but right now my feeling is that we *can't not meet* and Zoom has been giving us the chance to do so. I have to say I quite like it!

This season is giving us lots of opportunities too: it is as if people are turning again to the church and we are being given a chance to share the message of God's love and to be the light of hope in the darkness.

Many of us and our communities are hurting, grieving and in real desperation in the effects of the pandemic, and we need to be attentive to each other, and not just assume we know how others are coping. And yet, despite the trauma and despair, there are changes in society which give us cause for hope.

For one thing, there is a change in the spiritual temperature of our nation. In the past few weeks it was reported that "prayer", "Jesus" and "church" are trending searches on Google. So maybe this is a time for us to stretch our faith in what God can do. We can be hopeful for the *prodigals*, those far from God who we might have given up hope for.

We might be surprised at who you get into a God-conversation with in the weeks and months to come. The gospel message of hope rings out across the ages and even in the chaos of this season the invitation goes out:

Your worth comes from God who gives you your identity. God has made a way to return to him and to live life in the fullness of knowing both who you are and whose you are. Jesus is that way to eternal life; Jesus — who was crucified, died, was buried and rose — is that way. We receive that life by trusting in him in faith and accepting the free gift of salvation that Jesus offers.

May you have the courage to share your faith boldly with the ones who had been antagonistic to your trust in Jesus until now. Or maybe you have some people who you are praying for; your adult children, spouse, neighbours or colleagues. Let us stretch our imagination for what is possible in this moment.

#### How is it for you in these days of restrictions?

The present circumstances of Covid 19 are affecting all of us in different ways, whatever our age, health, employment or domestic arrangements. It seemed for a time that our planned retreat to Devon was not going to take place. Perhaps we even questioned whether it was needed when we are all in lockdown to one degree or another – enforced retreat! But a casual remark from Graham, our curate, to think about a virtual retreat changed everything.

Revd Jane Horton was very keen to give it a try as were the ministry team and it did have the bonus of opening up the experience of a retreat to more people. So a larger number than would have gone on a residential retreat found themselves drawn into listening, praying and sharing [in break out rooms] over the course of three or four days.

Our theme was Walking with Jesus

with sub headings Where have we come from

Where are we now

and Where are we going

Jane used some well known stories of the disciples Walking with Jesus to help us on our own personal journey.

Where have we come from? On the road to Emmaus, Luke 24: 13 - 27; the call of the first disciples, Luke 5: 1 - 13;

Where are we now? Mary and Martha – to be or to do, Luke 10: 38 - 41; the death of Lazarus John 11: 1 - 44;

Where are we going? Jesus and Peter, John 21: 15 - 22; the ascension of Jesus, Acts 1: 6 - 12.

Alongside the bible readings Jane produced a variety of poems and thoughts of some theologians that enriched our personal time away from the computer, ipad or smart phone. Coming together again after a break we were invited to join a small group in a break out room, which gave everyone the opportunity to speak openly in a safe place. What was shared in the break out room stayed in the break out room!

We began the morning sessions sharing Morning Prayer with those who join in regularly and closed our afternoon sessions with 10 or 15 minutes of worship. None of the sessions lasted more than 75/80 minutes.

I think everyone found it a very thought provoking time together, possibly raising more questions than answers so there is much more thinking to do in the days and weeks ahead, not least because Jane related much of her talks to our present situation – living with Covid 19.

Some people tried a couple of sessions, others came in later when they could and we were privileged to welcome some people from a neighbouring parish. The only down side for many of us not being residential was the lack of opportunity to mix and mingle between sessions and over meals, getting to know one another better over a glass of something and enjoying some social time in the evening.

Our thanks go to Jane for the tremendous effort she put into our virtual retreat and also to Caspar for hosting the zoom experience and dealing with the technology.

I know that for some zoom is a mystery or they don't want to get involved whilst for others the lack of equipment makes it impossible. But if you do have a computer, ipad or smart phone it is worth joining our zoom services each week, or Morning Prayer. Technology makes it possible for you **not** to be seen or heard, you can be a silent observer by switching off your video and microphone, but there is something to be said for the uplifting experience of seeing many familiar faces. Think about it and if you want some help just ask one of the ministry team – we don't want you to miss out!

With love and prayers

**Revd Margaret Saville** 

#### Father Peter writes ....

My next door neighbour is called Claire, and she has a little boy called Charlie. Until the lockdown, I barely knew her. Now we bang saucepans on a Thursday night and shine torches on Friday. Because of the lockdown, a new community is growing in strength, Claire, Charlie and me.

You probably have had similar experiences, or perhaps you have contacted friends from the past, family members from whom you were estranged, work colleagues who have moved on. Suddenly, because of the lockdown there has been time to remember, time to rebuild, time to begin again.

BUT, where will it all lead us. I remember one Lent, I decided to go through my address book and write to everyone in it. Two or three letters a day, what could go wrong? What went wrong was that lots of them answered and wrote back!!!!! Suddenly what had started off as a Lenten gesture of friendship and faith became overwhelming and, so, besieged by letters, the project fizzled out.

As the lockdown starts to be lifted and we can go out more, maybe our hopes for the future, the resolution that "things must change" may begin to slide. The danger to "pick up where we left off" is very strong. To go back to the clubs, societies, events and church services that have been part of our lives will be almost irresistible.

To forget that in the lockdown people were more friendly, kinder and less in a rush; to forget that the birds sang louder, the stars were brighter and the air cleaner. It would be easy to turn back to the church communities of the past and to let the mixed zoom communities just slip away.

If the struggles of the front line NHS workers, of the residents and staff of the care homes, of the carers in the community, of the lorry drivers, rubbish collectors, shop assistants, delivery people, community volunteers, if all these people and their deaths, suffering and fears means anything, then somehow society must change. Somehow all the good and positive elements of the lockdown must not be lost and the church must lead the way.

Continued .....

Towards the end of May, known in the church as "The Kingdom Season" as well as praying through Deb's prayer stations' there was the opportunity to discuss, to think and to plan how the church should reveal God's love for all in the new virtual world that many of us have explored.

I am sure that the thoughts and ideas from those discussions will form the basis of other discussions and debates by church councils within the Benefice, the Deanery and the Diocese. It is an exciting future if we only have the courage to seize it and let God's love for creation guide us from the known, through the unknown into a new beginning for the church, for the community and for each one of us.

#### FP 19 May 2020



#### ST ANDREW REDRUTH

As I write it is Friday 22<sup>nd</sup> May and we are still in lockdown. While the restrictions have been relaxed a little recently, we Thurstons have continued to follow the earlier rules. Yesterday however we all got in the car and drove down to Portreath. It was my 41<sup>st</sup> birthday and I wanted a walk on the beach. The children were very excited and Fran and I felt a little giddy as we took our first trip out in more than 2 months. Despite a distance of just 5.3 miles it felt like a mini adventure.

We parked up and walked down to the beach. It felt good to feel the soft sand under our feet and the kids both ran off, embracing the freedom and space. Patrick threw off his shoes and ran down to the shoreline to dip his toes in the cold water. Ellie, leaning forward, was walking with a fixed gaze at the sand seeking out the small gems of smooth shining sea glass she loves to collect. Fran and I just walked about, taking it all in and enjoying the moment. We didn't really speak save for the occasional 'isn't it lovely' type of thing.

With one eye on the children and one on the ocean I was afforded a little space with my thoughts. I watched the waves roll one over another and was reminded that while we were at home in Carnkie, the sea was always just there, doing its thing. I can't really explain what it is that draws me to the sea, but simply being there with the fresh air and observing its movement is refreshing and restorative.

My mind wandered a little as it so often does, and my thoughts turned toward the spiritual: while we're focussed on the day to day, working from home, home schooling and trying to get by, God, like the ocean, is always just there, holding us in His hands, supporting us through the challenges and waiting for us when we need Him. We just need to spend a little time in his company and make a little space to be with him to feel a whole lot better.

On the way back to the car we bumped into Bev and Nigel – figuratively of course as we maintained social distance. Following my spiritual contemplation it was lovely to see members of our church family and to just chat for a few minutes before we continued our journey home.

#### WATCH THIS SPACE!

As you know, at this time of year we at St Andrew's are busily preparing for our annual week long Arts Festival.

Of course, June 2020 will not see the church full of amazing artwork, craftwork, evening events or special activities for schools.

However... not wanting to be beaten by the inconvenience of lockdown we are hoping to bring you the St Andrew's Virtual Arts Festival.

Entitled "Lockdown Art", we are in the process of putting together a collection of all the wonderfully creative works that people have been producing since lockdown began. Art, craft, photography, children's work - and maybe one or two surprises - will all be on offer for you to browse at your leisure just as you would at the real festival. Hopefully the virtual festival will be appearing on the website, on St Andrew's Facebook page and possibly on YouTube so there will be lots of places that you can access it.

The festival will run from Saturday June 13th - Thursday June 18th so watch out on the weekly prayer sheet/newsletter for more information of how to drop in.

By the way, there is still time to contribute your own creation to the festival if you would like to do so. Ring Lez for more details.

### St. Andrew's Pencoys with Four Lanes Methodist Church 'FLAPJACK'

#### Working, praying and worshipping together as 'One in Christ'

Sadly the bell at St. Andrew's Pencoys has lost its clapper again (at the time of writing), so cannot be rung during the applause each Thursday evening for our wonderful NHS staff and those to whom we owe so much for the safety, health and hygiene of our local community ... but we hope it will be repaired soon. At present, there is obviously little to report about past or forthcoming events. However, the 'lockdown' has brought us some unexpected benefits.

Our grateful thanks go to Caspar, Deb, Graham and FP for enabling us to 'meet' weekly for a social chat and of course, to share our Sunday Benefice Holy Communion Service, thanks to the wonders of modern technology via Zoom. The Service of Holy Communion on Ascension Day was an added benefit, enabling us to commemorate together the departure of our Lord back to his heavenly home, bearing the wounds of his Passion as proof of our redemption. This Festival is (to quote FP) of 3-Star importance, and gives us the ability to identify with his disciples, left awaiting the coming of the Holy Spirit at Pentecost and the responsibility to continue his work of spreading the Gospel in his absence, empowered by the Spirit's anointing. As we gather again at Pentecost to celebrate this gift, let us pray that our 'hearts will burn within us' like those of the disciples on the road to Emmaus, knowing that the Lord is with us as we 'Walk with him'. We thank Jane (Horton) for leading her most inspiring 'virtual' retreat on Zoom and YouTube, in which possibly more people were able to join than in that originally planned in Honiton. One of the most enduring thoughts from this is the knowledge that our Lord is constantly with us on our journey, as he tells us at the end of Matthew's Gospel, 'always', until the end of the age, not only in respect of time, but in every way possible. A point made at an early 'Upper Room' group was that he always depends on our response to his presence and on our invitation for him to enter our lives; he never intrudes but gives us the free will to welcome him, leading to .......

Miracles. During a recent interview a well-known Christian broadcaster suggested that the whole of life is one long miracle; (the only reason we seem unaware of this is that it moves at a pace that, through God's parental love for us, our human minds can understand and which in our normal frenetic existence is mostly taken for granted) and that the miracles of Jesus obliterated the passage of time when God chose to demonstrate his power suddenly, to stun us into attention. He thought the threat of a lethal common enemy like the virus helps to concentrate our minds during the lockdown on what is truly important in our lives, i.e. Emmanuel, God with us, Jesus; in the words of the beautiful chorus: 'Fix your eyes upon Jesus, look full in his wonderful face; and the things of earth will grow strangely dim in the light of his glory and grace'. Risen: this amazing film starring Joseph Fiennes as a Roman Tribune present at the crucifixion and charged with the task of tracing the body of Jesus, in an attempt to disprove the Resurrection, echoes that of The Robe (1954), and has been shown twice recently on Film4. He eventually traces the risen Lord (played by Cliff Curtis) and is so totally overcome by the complete confidence, power, gentle serenity and enigmatic peace of Jesus ("Do not be afraid"), that it transforms him and he becomes a witness to the Ascension and a devoted follower. 'O Lamb of God, you take away the sin/evil/diseases of the world; grant us YOUR Peace'.

#### **ST EUNY**

Just prior to lockdown we had gale force winds (anyone remember those?) and a couple of slates came off the church roof. I'm glad to say that these have now been replaced and re-pointing work on the lych gate has been carried out satisfactorily. Although we have very little money coming into church, we are still having to spend it on essential maintenance, as we want our beautiful church and grounds to be loved and admired as much now when closed to the public, as it has been over the years, especially as people take the opportunity to use the grounds for their daily exercise. We also want it to be at its best for those who may want or need it after this Coronavirus lockdown is over.

Thanks to the marvel of modern technology, last week several of us took part in a 'virtual' retreat online, led by Revd Jane Horton. It was very different than going on a residential retreat, but most certainly wonderful under the circumstances, giving us new and diverse ways to pray and to contemplate. There were 'breakout rooms' which worked well, especially if, like me, you feel happier imparting your thoughts in a smaller group. Thanks to our clergy team for enabling this to take place.

Our St Euny Volunteers are still helping out in the community collecting medication and queueing and shopping for people's groceries. This has taken on a natural rhythm whereby people are being catered for automatically now on a weekly or monthly basis. Our continued thanks to Danny and Carrie, Kathryn, Helen, Suzanne, Angie and Ian and to Revd Deb for co-ordinating this.

Thanks to Simon in the Parish Office for the Weekly Newsletter and to FP for the weekly 'Together' news sheet. Also phone calls being made to those in our parish which is letting people know they have not been forgotten. I have an aunt in Lancashire who has attended her church for 70 years and has had neither a 'phone call nor anything through the post to let her know she is being thought about in these uncertain times. So again, thank you to our clergy and as well as using Zoom for our services, it is great to get together for coffee after the service and a social once a week.

The sun continues to shine which has been an added bonus in these dire times. Revd Deb and the Churchwardens send our very best wishes to you all.

#### **Margaret Johnson**

#### **CHRISTCHURCH LANNER**



#### **COMMUNITY PANTRY**

We started our Community Pantry on Monday 18<sup>th</sup> May and Nathaniel from the Lanner Covid-19 Mutual Aid group is supporting us with a Bake Give-away. To get your free cake, download OLIO for free or set up a free account on their website here: <a href="https://olioex.com/">https://olioex.com/</a>. Then simply enter your location and the cakes will all magically appear. Choose a slice of whichever you like and the cakes are available on Mondays between 2-3pm.

#### **CHURCH BELLS AND VE DAY**

It is great joy that Ross will ring the Christchurch bell for the frontline workers each Thursday at 8.00pm. He also rang the bell for the nation at 3.00pm on the 75th anniversary of VE day on Friday 8 May. Many thanks to Fr Peter and myself (other people requested this!) for putting together the Zoom VE Day service. It was an opportunity to reflect not just on the celebrations, but the losses that people experienced during WW2. Our VE Day celebrations at home included a meal made up of WW2 recipes – Lord Woolton's Pie with "spam" (actually vegetarian Nutolene) fritters, followed by Tea Loaf. We came out of rationing by teatime!

#### FLAPJACK/LAMP

There is a Zoom social for Four Lanes Methodist, St Andrew's Pencoys and Christchurch Lanner every Wednesday at 3pm and 11.30am each Sunday, following the Zoom service.

#### **CHURCH GARDEN**

Ken has continued to maintain the church garden and grounds. Sadly, Ian and Stella's tree, in memory of their son Jason, which has bloomed for 20 years has died. The tree had the most beautiful blossoms every Spring and it will be missed. However, the new tree for Sam is doing well.

#### JUPER\* AND LOCKDOWN LIFE

In the world of JUPER (\*Fr Peter has nicknamed us "JUPER" – Julia, Perran and Richard):

- The only person not needing a haircut is Richard. He kindly offered to give my hair a trim, but I declined.
- Perran has started talking with a Cockney accent and I can only blame CBeebies.
- According to a report on the radio today, most people only ever usually wear 20% of their wardrobe, but during lockdown, it's now down to 3%. This is sadly true in our house, but I do make an effort to dress up for the supermarket shop.

#### Julia Knight-Bennett

#### ST STEPHEN TRELEIGH

As I write this Rev'd Caspar Bush and his team continue to keep our Church family together with online services and virtual coffee mornings and for this we give our sincere thanks.

Many thanks to Rev'd Peter Fellows for remembering all his Pencoys Quizzers once again and sending out the May quiz sheet by email, and for the time and effort he has put in compiling these. Dave and I thoroughly enjoyed doing it and did marginally better than last time, but as some of my school reports said: "Could do better"!!

At this time of the year we would normally be heading for our Garden Fête and all the preparations that go with it but this year is so very different. The main thing is to get through it safely and next year's garden fete will be a celebration and even more special than before. For as long as I can remember we have always said that Treleigh Garden Fête "just happens" and it does. We have the usual meetings to discuss the overall plan, but after that everyone goes away and works on their own particular project and on the day....it just happens! Here are some milestones of Treleigh Garden Fêtes.... The first indication of a fête at Treleigh was in 1909. This took the form of a sale of work held in a marquee which was hired from Mr. Rowe of The Coffee Tavern. In 1932 a baby show was introduced which attracted an entry of 48 babies. In 1942 a horticultural show was introduced combined with the garden fête, attracting over 300 entries. Famous people who opened the fête include Sheila Tracy from BBC Television's

Famous people who opened the fête include Sheila Tracy from BBC Television's "Spotlight South West", Charles Coborn the music hall star and Bransby Williams the famous actor, both personal friends of Rev'd Hawthorn. So, here's to next year's Treleigh Garden Fête, may it be a celebration of life getting back to normal.

The Cornish have a saying for a beautiful day which is "A Day Given", and the weather during these unprecedented times is definitely God given, to get us through to better days. The sun colours everything and the world is a whole different place when the sun is out and the birds are singing!

Take care and stay safe everyone

Trish Rowe

#### DISTRIBUTION OF FIVE ALIVE

If you are able to view the 'Zoom' services, then you will also be able to view Five Alive on the website:- http://www.redruthchurch.org.uk. This will open up link boxes, please click on 'church life' and it will bring down Five Alive which you can then open.

We will post Five Alive to those who have no internet access but would stress that to save your church money on postage, it will be far better that you view Five Alive online and an advantage is that you will see it in colour!

If you are able to view this online, please let me know so that your name can be taken off the mailing list:- magazine@redruthchurch.org.uk

If you wish to donate to your churches, please speak to your Treasurer or in the case of St Andrew Redruth or St Euny, use the QR code below.

Hope everyone is keeping well and staying safe.

#### Rosemary



St Andrew Redruth



St Euny

LOCK-DOWN ARTS FESTIVAL—ST ANDREW REDRUTH

13—18 JUNE

Details of this virtual event will be on the weekly prayer sheet

#### <<Talkabout>> - St Agnes to Portreath © by Tricia Rowe

For this next stretch of the coastal footpath we walked from home into Redruth, catching the bus to St. Agnes and walking from there to Portreath and catching the bus home from there. This was the first time we've been close enough to home to go without the car.

We arrived at Peterville, St. Agnes and walked down to Trevaunance Cove, passing through the picturesque cottages of Stippy Stappy, to start our coastal walk. The weather was warm and a whole day's walking ahead of us. A great adventure as always! Magic! The cliffs tower right over the beach and the cliff path we came down on the previous stretch looks even closer to the edge than it actually was. Below the cliffs is a row of beach huts and above them some higgledy piggledy shacks that had probably been there for years.

We could look back from here and see Trevose Head many miles and many days ago. We have been looking for the shiny black noses of seals as we were told there should be some around, but none so far. Coming off Newdowns Head and towards the coastguard lookout we had wonderful views back to Trevose Head and forwards to Godrevy and St. Ives.

Passing Wheal Coates mine a man was hang gliding and the world of advertising flew passed with the Flambards banner trailing behind it.

Just above Chapel Porth we met an amazing couple on holiday. He had suffered a stroke and a heart attack but still they left the car at the top and walked down the uneven cliffside to Chapel Porth for lunch. He was carrying his art materials and they were going to sit for a while for him to do some sketching. The walk into Porthtowan after passing some mine workings was a stroll over grassy slopes. By now the sun had disappeared behind the clouds and so not many people on the beach, but plenty of surfers.

Mine workings along here and then an area called Sally's Bottom and the perimeter of RAF Portreath. A lot of peaks and dips along here. We are in home territory now and the closest to home we will ever be on the coastal footpath. 5.30 pm and we have reached Portreath. The tide was out and the beach had the fresh, washed look. Looking down at Portreath harbour we wonder how the coal boats ever made it safely! Nearly twelve miles walked today.

We had planned to get the bus or a taxi back to Redruth but we met a friend who offered us a lift! Very welcome!!



### DO YOU KNOW ANYONE WITH MEMORY PROBLEMS?

WE ARE HERE TO HELP AND SUPPORT

# Redruth Memory Café/Activity Group

- We meet at Redruth Community Centre
- On second and fourth Wednesday each month
- Between 1:30 and 3:30
- For anyone with concerns about their own memory or a family member's memory
- For friendship, fun, support, information
- · Free parking, refreshments and raffle

Instead of sitting at home alone **why** not pop in for a cuppa and see what you are **missing** 

# CAMBORNE & REDRUTH LIVE AT HOME SCHEME

Are you aged 60 or over? Would you like to meet with others over a cup of tea, try carpet bowls, go out on monthly trips, or attend a Sunday lunch event? Then we are the group for you! Our scheme's aim is to prevent social isolation and promote independence for people aged 60 and over. Come along to one of our friendship groups to find out more (first session is free):-

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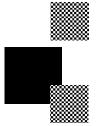
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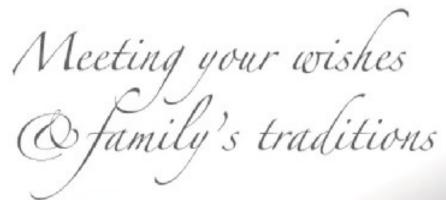
**Carl Hesling** BSc (Hons) Podiatry, MChS | Chiropodist/Podiatrist

Dainton Business Centre, Scorrier, Redruth TR16 5AW

Telephone: 01209 218213

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