

Five Alive

The Magazine of the Redruth Team Ministry
St Euny Redruth, Christchurch Lanner, St Andrew Pencoys
St Andrew Redruth and St Stephen Treleigh
(REDRUTH PCC - registered charity no 1204231)



JUNE 2026
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FIVE ALIVE MAGAZINE

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LATEST DATE FOR ARTICLES FRIDAY 19 JUNE 2026

TEA AT THE PALACE

This last month Wes and I had the privilege of being invited to attend a garden party at Buckingham Palace. Rosheen and Nik Browning (rector of Camborne and her Husband) and Nicky and Andy Farr (vicar of Camel-Allen and her husband) were also invited.

We met for cocktails before and walked around the corner to the Palace to join the queue of thousands.



We were under no illusions that we would be meeting any royals (although Wes enjoyed taking lots of pictures!), but we did enjoy the afternoon tea, the time with friends, the beautiful surrounds, the lovely atmosphere (helped by the Band of the Royal Marines), and the superb gardens. It was a really special Treat, and we were not only honoured to be invited, but had a lovely time together.



As we come into May, we move into “ordinary time”. It’s a long stretch in the church year between Pentecost and Trinity Sunday (where we hear Jason’s final sermon in the parish before he is ordained and goes off to Camborne for his curacy). But the thing about “ordinary time” in the church is that it is anything but ordinary. God’s story is always new, always emerging, and always both challenging and comforting. If we feel we don’t need to concentrate, and that we can thumb through our hymn book or the papers from the last PCC as we engage with the liturgy or with bible readings, then we’ve missed something. (If you are struggling to engage because your mind feels scattered or you just can’t focus, that’s another issue, and it happens to everyone!) God’s story is anything but ordinary, and it deserves our full attention.

Before Trinity and Pentecost comes a short season between Ascension and Pentecost. The season where Jesus is taken up to Heaven following all his appearances post resurrection, and the coming of the promised Holy Spirit (who has been there all along, but sort of makes an official appearance at Pentecost!). During this short time, we pray, just as the first disciples did. I encouraged those I met with to pray not only for others, but for themselves.

I’ve been really struck with how, in this Parish, there is a deep commitment to prayer for others. There is immense compassion and care for those who need God’s love, presence, and healing, and there is faith that God will make a difference to those whom we pray for.

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It's wonderful. But there is something missing: Most folk I speak to find it incredibly hard to pray for themselves. It may be a British thing, or an Anglican thing, but it is something that I'd love to see change. God delights when we bring our whole selves to God. Our Christian Faith is built on the premise that we have a personal relationship with God. And no relationship can be sustained without time spent together. This includes our relationship with God! More than that, God loves blessing us. When Jesus teaches his disciples to pray in the Lord's prayer he teaches "Our Father in heaven, holy is your name, your kingdom come; your will be done. Give us our daily bread". It's there in the template Jesus gave us for prayer; we are to pray each day for what we need. And that does not just include the bare necessities. If we are to flourish as humans, we need a little more than bare necessities; we need love, safety, engaging relationships... God wants to bless us. And God wants us to ask for what we need. When we begin to ask God for what we need and want, then something in our relationship grows. But we don't stop there. It's important we also listen to God, or just spend time with God. Think on those long lasting relationships, friendships, or even marriages that we enjoy as humans. The best of them are the ones where we can sit in companionable silence. That is what we need with God. The posh word for this is "contemplative prayer" and it's rooted in the catholic end of church tradition; so well at home in the tradition we share here.

Wes and I had a wonderful time at the Palace. I'm not sure why the Bishop nominated us to go, but it was a joy we are still living on! And equally God wants special treats and joy for us; his children; and we can ask for it! As we enter this Ordinary Time, I encourage you to find that space to pray; to simply be with God. Not with a shopping list for others, but with requests for yourself, and with space to sit and be with God. And let's see what it does to our life as a parish if we all start enjoying the treats God has for us!

Revd Becca Bell

INTRODUCING ESTHER SARDAR

Hi everyone! I'm Esther Sardar and I will be your curate very soon. I have been asked to introduce myself to you.

I am wife to Nadeem and we have been married for 16 years. We have two girls, Alice (14 years) and Amelia (12 years). We moved to Cornwall from Bristol, so that I could join the *Transforming Missions Team in the Camborne Cluster of Churches*, just over five years ago. I served as the worship leader there and supported the school and family work, while I also led a small prayer and worship group called *Radiant*. The biggest thrill I have had is leading schools in joyful singing as part of their collective worship celebrations. The children (and teachers) joined in with such enthusiasm, and I felt honoured to serve them this way. Music is my passion and I have dabbled at being a contemporary Christian singer songwriter in the not-too-distant past. You can find a few bits of my music dotted around Spotify, Amazon Music and YouTube. Nevertheless, God had other plans, and here I am training to be an Anglican Priest!



I am studying for a *Diploma in Theology, Ministry and Mission* with *St Mellitus College in Plymouth*, where for the past two years I have travelled once a week, with additional residencies in some beautiful places. The whole training process and my placement in the *Camborne Cluster* have been truly formational experiences. The training is flying by, although as I write I still have assignments to complete! It is keeping my feet firmly planted on the ground, even though I am being Deaconed very soon! Studying theology was a dream I had when I was very young, preaching to my teddies from my study bible gifted to me by my father. I have my parents to thank for introducing me to faith from such a young age. I am very blessed to have their support.

My Christian background is within the free church charismatic tradition. Yet God has led me on a journey into the Anglican communion and the *Church of England*, which is an absolute privilege to be a part of. Another highlight of my time in Camborne was serving in mission and outreach with the local *Christians Together*, organising several seasonal celebrations in the town square. For one year I served as assistant chair, which was a real privilege. It is my passion to see churches of all traditions, set aside differences and work together in mission. I think it is a powerful testament to the unity and love of Christ. We are after all 'one body' as the apostle Paul testifies in his letters. I may have written a song about that many moons ago!

I am very much looking forward to serving Redruth Parish and meeting many of you. There is a lot more to share, to learn and plenty of time to do it. See you all very soon!

Esther

ST ANDREW REDRUTH

Spiritual Direction and Other Ministry Matters

First, a quick note about St Andrew's: on Murdoch Day, 13 June, there will be community workshops and a model railway exhibition in church. No Arts Festival this year, I'm afraid.

Yesterday afternoon my Spiritual Direction 'supervision' group met in our conservatory over tea and nice biscuits — and really, nice biscuits are essential. That may not mean much to you, and the wording sounds a little forbidding, so it probably seems less interesting than it really is.

One experienced director describes spiritual direction as “an ancient Christian practice of meeting one-to-one with a trained person to discuss one's spiritual life”. Also called spiritual accompaniment, it is a supportive and reflective process that helps people notice the presence of the divine in the whole of life, grow in relationship with that Source, and respond creatively to what they discover. It is open both to those following a particular spiritual path and to those who are still seeking.

I trained as a director some years ago, and it is a real joy and privilege to sit with people as they explore their life of faith. In truth, we do not direct very much at all — we accompany. All spiritual directors must have a director of their own, and they also need supervision. Our supervision group meets every three months, and I genuinely look forward to it. We talk things through, support one another, and suggest ways of responding to the needs of particular directees. In my group there are two licensed lay ministers, a Methodist minister, and a very experienced Methodist director, and I always come away a little wiser.

As I write this, I am about to attend a zoom meeting in my role as Chaplain to Licensed Lay Ministries. The Warden's Group is a diocesan committee that supports Licensed Lay Ministers across Truro — from Readers and Pioneer LLMs to Church Army Evangelists — helping make sure training, support, and oversight all join up properly so lay ministry can flourish. In practice, that means working with Spiritus Theological College and parish leaders on selection, training, and support after licensing, as well as keeping an eye on wellbeing and safeguarding and helping organise the annual Reader/LLM day and licensing service. So, if you have ever wondered how our LLMs are supported, or even whether licensed ministry might be for you, this is one of the groups that helps make it happen.

Committees and meetings can easily feel like an imposition, and anyone who volunteers for a PCC or DCC is certainly giving both time and energy. But they do matter. Without meetings — and without good communication — not very much would get done.

Some meetings I love, some are hard work but worthwhile, and in some I still find myself wondering quite why I am there! Even so, thank you again to everyone who gives their time to them

Jim Seth

St Euny

At Last! Cormac has removed the portaloo and the workers cabins and the wall is complete. It looks well, but unfortunately we cannot yet go near. The safety fencing has still to be taken down and continues to blight the view, but we have hope that this will be soon and we can revel in the new boundary to our beautiful church land. This has been a long job and one which the church would have struggled to pay for, so the contract which transferred the care of the churchyard to the Council was very much in our interest, relieving us of the financial and administrative responsibility. Until June is with us we are in 'no mow May', so the wild flowers are in abundance and the birds and insects, butterflies and bees are enjoying access to their feeding and breeding grounds.

Fortunately our paths remain accessible, but this is a looming issue. James William Lane, when he was rector, spent many hours working to ensure good safe pathways to the graves so that the bereaved had easy access to their loved ones' resting places. As time passes there are fewer who remember the individuals who rest in our churchyard, but we continue to receive many visitors from abroad and from distant places in the UK, looking for the graves of their family ancestors. In response to our plea last month for more help in keeping the church open, Morcom has agreed to join the rota and open and close two days a week – thank you Morcom. In the past month we have had at least two people who have been in a place of crisis and have come into the church for spiritual peace and prayer and help, so it is a very important part of our lay ministry. The peace of the setting and the opening of the church as a sacred space offers a special welcome to everyone who comes.

We are looking forward to the evening of Friday 26th June at the Cathedral, when Jason will be ordained a deacon after two years of work and preparation. We are all delighted that he has come this far and wish him well in his ministry. Sadly for us it will mean that he will have to go to 'West Redruth' for a time for his curacy, so he will have little time to be with us in the next few years, but it is wonderful that he has felt called and can take this up. In exchange we have our previous curate and friend, Rev. Graham Adamson leading services of Holy Communion at St Euny, for which we are immensely grateful.

Our summer Barbeque has been planned for the evening of Friday 17th July from 6pm-9pm. Hoping for some good summer weather, we will be in the church grounds, but we do have inside space if the weather chooses to be inclement. All are invited, so please do come along and bring anyone who is interested. The aim is to open out to the local community and we hope for the large numbers we have hosted in the past few years.

A final reminder: evensong on 28th June will be at 6.00pm, as usual on the 4th Sunday, and on this occasion we will be joined by members of the local Prayer Book Society. All are welcome.

Linda Beskeen

ST STEPHEN TRELEIGH



With Easter now behind us, and all the chocolate eggs have been eaten, although we found some Easter chicks complete with eggs in the filing cabinet at church this morning.

As I write this, I was reminded that this coming Sunday is Pentecost or Whit Sunday, which takes me back to my childhood living in Bristol. My father was one of twelve siblings and on Whit Sunday all the family came together for the annual "Family Outing". This was the day that all the aunts, uncles and cousins led by as even to me as a young child a tiny lady. My granny Williams. We boarded the Big Red Eagle Charabanc where we were taken to a different destination each year on the south coast. I think Weymouth was my favourite place with its shallow waters and soft sand. Once on the beach a circle of deck chairs were arranged and the younger children settled in the middle building their sandcastles, watched over by granny and the aunts who made sure nobody escaped. The sun always seemed to shine and at the end of the day we made our way back to the coach for the journey home, stopping later for a buffet supper in a public house and the evening ending with my father on the piano leading us in a sing song before we finally completed our journey. Happy memories of a childhood from long ago.

We had another successful tea party in May and we were able to give young James £110 towards his school trip. The next first Sunday event with Father Peter will be at Treleigh, will also be in aid of James who will talk about the trip and what he will be doing while in Cambodia. Our thanks go to Flapjack and Christchurch communities who normally host these services, with the hope they will be able to join us.

Our next tea party will be on 9th June from 2.30 pm.

Our summer fete will soon be upon us and this year Redruth Town Band will not only be entertaining us with their music, but will be having stalls and games. Please put the 11th July in your diaries and join us hopefully in the sunshine.

Mary Harris

CHRISTCHURCH LANNER



Christchurch remains open 10.00am– 4.00pm and Holy Communion is celebrated each Sunday at 9.30am. The third Sunday is a Communion with new music and each Wednesday there is a Prayer Book Communion Service at 11.00am followed by a Bible Study. *The LAST Sunday of each month will continue to revolve through the six*

worship settings and starts at 10.30am.

OTHER EVENTS AT CHRISTCHURCH: *Margaret's Last Monday Tea Party 2.00pm – 4.00pm.* The MAY date is Monday May 25, the JUNE date is Monday June 29. **EVERYONE IS VERY WELCOME.**

FUTURE EVENTS: The games afternoons and the film nights are advertised in the weekly pew sheet. **BUT GAMES HAS RETURNED TO EVERY OTHER TUESDAY 2pm – 4pm. Future dates include: June 2, 16, 30 etc.**

FILM NIGHTS: The next date is **FRIDAY MAY 29 6.30pm for 7.00pm.** Due to a clash with the Deaconing at the Cathedral on June 26, the Film Night Friday will be changed. **PLEASE SEE PARISH NEWS SHEETS OR RING FP 079 038 079 46 FOR THE NEW JUNE DATE.**

METHODIST / ANGLICAN LINKS: Building on the success of the first joint service a very successful First Sunday Event was held in March which was led by Pastor Jenny. The Event raised £160,00 for the Cinnamon Trust which re-homes cats when the owner is no longer able to do so. Several members of the Christchurch community attended a recent tea-party in the Methodist Chapel. Gwennap Pit was also well attended for the Ecumenical Event on Pentecost Sunday.

SEASONAL SUNDAYS: The project has been devised by Julia KB. and hopes to attract an intergenerational congregation but with a new approach to church. There will be opportunities for play, singing, Bible reflection, activities, refreshments, informal seating arrangements and prayers. People of all age are really welcome and SEND provision is a priority.

The next event will be held on **SUNDAY MAY 31, 2.30pm.** The focus will be on the Trinity.

WHIST DRIVE: This much longed for event will be held on: **FRIDAY JUNE 12, 6pm.** There will be a “bring & share” buffet.

FP

FLAPJACK

Just so that everything is clear. The **FLAPJACK** services are back in their usual pattern:

FIRST SUNDAY:

Chapel (Anglican leader / Methodist rite)	11.15am
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SECOND SUNDAY:

Church (alternative liturgies / Anglican leader)	11.15am
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THIRD SUNDAY:

Chapel (Methodist leader / Service of the Word)	11.15am
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FOURTH SUNDAY:

Church (Anglican leader / Anglican rite)	11.15am
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FIFTH SUNDAY:

Chapel (Methodist leader / Breakfast Service)	09.30am
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OTHER EVENTS:

First Saturday Quiz	7.00pm	Pencoys Hall
Third Saturday Bingo	6.00pm	Pencoys Hall
Fourth Saturday Sausage & Mash	11.00am	Chapel
Last Sunday Tea-party	4.00pm	Pencoys Hall
Weekly Friday Carpet Bowls	2.00pm	Chapel

And finally, a MASSIVE thankyou to the people of Lanner, Four Lanes and Carnkie, who have worked together to raise over £3,000.00 towards the £10,000.00 target for the Sunrise Centre Appeal.

FP

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IN AID OF THE SUNRISE APPEAL

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FROM THE REGISTERS

FUNERALS

01 May	2026	Wendy Lawrence	St Euny
06 May	2026	Stanley Rowe	St Stephen Treleigh
19 May	2026	Anthony Phillips	St Euny

MEMORIAL SERVICE

07 May	2026	Noel Gay	St Euny
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INTERMENT OF ASHES

08 May	2026	Joan Smith	St Stephen Treleigh
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AFTERNOON TEA AT CHRISTCHURCH

What a lovely afternoon we all had at Christchurch, Lanner this month during Margaret's monthly Last Tea Party. Of course we go to taste and enjoy all Margaret's lovely home made cakes. They are delicious. This is supplemented with several cups of tea made by Linda.

On Monday, the sun was shining so we were really looking forward to a good afternoon. We were rewarded with a better time than expected. The tea party is a good time to chat, discuss and even help people who have problems but Monday's was so different. It was a local history lesson. Everyone was saying "do you remember" This brought in so many topics, the shops in Lanner, the water supply, the people, the churches, the quarry and all the wonderful memories. It would have been advantageous to have had a tape recorder operating.

Normally there is background music of Abba but this afternoon the chatting was end to end and Abba did not stand a chance of being heard. Congratulations to Lanner on this monthly event. You merited our donations. It was an absolutely wonderful afternoon. Thank you.

Juliet Jenkin



A quick guide to Serving – The Bells (The ‘Server’ magazine)

Any server may be asked to ring the bells and it will often be whoever has the least to do during the consecration. This may be the crucifer/cross bearer, or one of the acolytes depending on local practice.

If a church has an external Sanctus bell, this may be rung before the service to ‘summon the faithful’. This would be rung 33 times, once for each year of Jesus’s life. This may happen 20 minutes before and 5 minutes before the start of the service. Many churches have their own traditions. Bells are rung during the consecration to announce the coming of the Holy Spirit. Whatever rite the church uses, you should see the priest put out his/her hands at this point and the bell should ideally be rung once, as the words ‘Holy Spirit’ are said. This happens at St Euny when FP is President. This is known as the epiclesis where bread and wine become Christ’s body and blood,

The bells are rung three times during the elevations of the elements at the moment of consecration. One ring as the host is lifted into the air, one as it is lowered and one as the celebrant returns it to the altar. When it comes to the consecration of the chalice of wine, the same is repeated.

At St Andrew Redruth, this is done at the same time as the thurifer censes both the bread and wine from a position kneeling at the altar.

BOOK CLUB

Not much to report from our reading group this month as we didn’t meet up. I think the bank holiday threw us out of sync and only a couple of people could manage the following Monday, so it was decided to postpone until June 1st. We will then have a longer session discussing the two books, *Who She Was* by Tony Parsons and *Saturday* by Ian McEwan. Very different styles of writing so we might have some strong opinions on these two books.

In order to keep us, and you if you’re following our books, I took an executive decision and chose the book to read during June and for discussion in July which I’m hoping will be well received.

After the Flood by Cassandra Montag is set in the future after flooding has destroyed many areas and people are missing. A mother with an eight year old child sets off to search for her older daughter who was taken from her by the girl’s father. The search leads into . . . well you’ll just have to read it too!



Details for your diary then if you fancy joining us are June 1st and July 6th at my house at 10.00. We really would like to welcome you to share your thoughts on what you have read. Just give me a ring if you want to know more 07930 471837

Margaret

NEWS FROM THE BELL TOWER

At our recent Tower AGM, chaired by the Rector, Becca Bell, Ian Self stated that after 19 years as Tower Captain, he wished to stand down. Members thanked him for his many years of support.

Mark Crees offered his services and was unanimously voted in as the new Tower Captain.

At the April Benefice service, Ian was presented with a book voucher, and vouchers for use at the Penventon Hotel, from the Tower members and supporters.

There are currently no requests for weddings this year.

Photo below is by courtesy of Matthew Ruddock.

Clive Reynolds



Good Grief

What a difference! We are out and about!

Our group meets at the Croust Hut, King Edward Mine Museum. We are the usual small bunch of quite firm friends now, sharing one very particular thing in common, loss and bereavement.

It's one of those very windy days where everything that isn't attached to anything is swirling around, kicking up dry dust. Being in the car park feels a bit like being on an open topped bus during a hurricane! We hastily make our way to the hut.

Inside we find our table, previously booked, as advised. The Hut is small and compact but quirky in a typical Cornish 'new age' way. There's a small section selling oddities such as earrings, pens, prints etc. The place has a certain charm, we all seem to like it. Other customers, mostly walkers judging by their rucksacks and heavy boots, sit in groups nurturing hot cups of coffee and tea with cake as they chat. We make ourselves comfortable and peruse the menu. Is it tea or coffee? Perhaps a piece of ginger cake or a toasted tea cake? We are still missing one of our group but we place our orders and chat together while we wait.

This is very different from our previous group meetings. We are very exposed, very much in the here and now, a part of everyday living while still being a part of a Grief Group. It feels much more social. We laugh, we exchange news and then finally our missing group member arrives. We enjoy our teas, coffees and, as it transpired, our hot, butter tea cakes. Our late arrival orders chips! (There's always one.)

This time together has been very different. No sadness today. No rehashing of deep wounds, not today.

Before we leave we arrange dates for our next two meetings. Another 'out and about' for May and a shared lunch for June.

No matter where we may be as a group, we will always share this common bond of grief. It will always be so and it binds us together, each of us supporting while being supported. Our group is open to anyone and everyone. Please, don't be sad and grieve alone.

Contact is through Fr. Peter.

My way to Compostela
Day 25 part 2
Acebo to Cacabelos
35km

Having finished lunch and avoiding any serious injuries from the bombardment of paper balls, we set off for the remaining leg to Cacabelos. The first 2km was through the city's suburbs. A keen eye and good hearing are necessary to ensure that one follows the correct way markers and, in the process, not [get mowed](#) over by the rushing traffic. Having dodged the hazards of traffic, we picked up the route which took us through a tunnel which in turn brought us into an area for vineyards, too early for the grapes!

A short distance on we came to the church of San Esteban, from the rear porch of the church there is a delightful view back towards Ponferrada and its surrounding countryside. The route from here took us to the village of Columbrianos which has a small chapel, 'Ermita San Blas y San Roque' with a mural of a walking pilgrim on its roadside wall. The chapel sits on the site of an original pilgrim hospice, following the signs we pass through an area of market gardens passing the 'Fuentes Nuevas' a pilgrim fountain with a tiny adjacent chapel.

The route then took us through this tiny village to come upon a Camponaraya, a sprawling industrial area to cross over the N-120 which runs through it, along this stretch we look for the way markers which [are in-bedded](#) into the pavement. Passing over the Rio Naraya the route for the next 2.5 km took us past 'Cooperativa Uinas del Bierzo', a wine collective, they had a shop where the pilgrims could stop and have a wine and pincho tasting for 1euro, we managed to resist the temptation and moved on! Proceeding on an earth track through a pleasant area of vineyards and woodland to cross the N-120 by a pilgrim rest area. From here a leisurely 4km brought us to our intended stop for the night.

Cacabelos is a town of around 5000 souls and was once an important medieval pilgrim stop with 5 Hospitals caring for pilgrims. Although time has moved on it continues to offer respite and comfort for the weary pilgrim with a variety of accommodation ranging from a 5-star hotel to the lowly pilgrim albergue, we plumped for the Santa Maria, a local hostel. After a long day it was with great relief to get the pack off your back, shower, change clothes and indulge in a cool beer or two before having a pilgrim menu in the company of fellow pilgrims. By this stage it becomes a little more confusing to remember who you have met before and where, but it does not matter for you still have a pleasant evening chatting about your different experiences and either avoiding or answering the question "Why are you doing the Camino?" Avoiding the question, it's off to bed with the pleasant thought that we have only a leisurely 14.5km to walk tomorrow to reach Villafranca del Bierzo where we will contemplate the challenging route and channel our minds and bodies for the following day's trek to the summit of O`Cebreiro.

Len Cunningham

ThurstanHoskin

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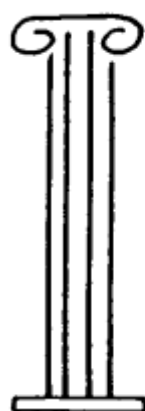


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