FIVE ALIVE

The Magazine of the Redruth Team Ministry St Euny Redruth, Christchurch Lanner, St Andrew Pencoys St Andrew Redruth and St Stephen Treleigh



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FIVE ALIVE MAGAZINE

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by FRIDAY 18 JUNE

Rector's notes – JUNE 2021

Revd Deb Grigg

You will have heard the news that Deb has decided to resign from her post as team vicar for mission for our benefice. She'll be leaving towards the end of June, and we hope to have a service to mark her leaving and say thank you, but I wanted to pay tribute to her here as well.

Deb and I were direct contemporaries in our pre-ordination training, so we have known each other a long time. When the team vicar for mission post came vacant in early 2019, it coincided with her exploring new ministry opportunities, and knowing her ability for pioneering work I persuaded her to come and work with us in Redruth.

Who could have known what a string of hard things Deb would have to live through. Three weeks after starting she had a heart attack, then (with hindsight) came back to work too early, soldiered on before needing the winter of 2019-20 off to properly recover. She came back to work two weeks before the pandemic first lock-down!

But Deb has done extraordinary work in her time with us. In that first summer she got the Experience Church schools project off the ground, motivating more than a dozen volunteers across all the churches, hosting schools in three different churches. Subsequently she struck up an excellent working relationship with Cornwall Neighbourhoods For Change, and through much of the pandemic found ways of St Euny hosting a toddler group, and Open Café, as well as a great project providing hot meals and craft activities to deprived families. To make that happen Deb slogged through all sorts of grant applications, even managing to secure funding for laptops and a mobile internet hub to enable teaching for those with no knowledge of computers. This as well as pastoring the people of St Euny.

In the end Deb wanted to focus solely on St Euny, and I couldn't square that with the needs of the rest of the churches, hence her decision to resign. But I hope very much that in time Deb will be able to resume ministry of some sort in her retirement, either with us or nearby churches. In the meantime we wish her every blessing, as she has more time to spend with her beloved grandchildren and other family members.

You will have read about 'On the Way', the diocesan programme helping each deanery to discern what level of ordained ministry is both fruitful and sustainable. Our deanery is doing that from September through to February 2022, and any decisions about filling Deb's post will have to wait until after that process. One of the positive things of this gap will be the opportunity to explore how we can enjoy more lay-led elements of worship, both with our Readers and Local Worship Leaders, including identifying and training new Local Worship Leaders in our churches. Yours prayers for all these things are much appreciated.

With my prayers and best wishes

Caspar Bush (Team Rector)

CHURCH BUILDINGS

At a recent meeting of FLAPJACK there was much discussion about the need for a church building, and why didn't we all just hire the school hall. So, why do we need a church building? The first Apostles were very happy meeting in their homes, sharing what they had, and reaching out to the communities in which they lived.

The first Apostles were like the ECCLESIA in Ancient Greece. They were the elders in a community who decided policies, particular to communities. The Apostles in their communities became the ECCLESIA, those who were initially responsible for promoting the new society, the new world based on God's love as revealed through Jesus. From the word ECCLESIA we get the word ECCLESIASTICAL, which for us means all that pertains to the life of a church.

Churches are not only places to say your prayers and to be part of an act of worship, a wedding, a funeral, a baptism, the Eucharist, the offices of morning and evening prayer. You could do all of that in a disused shop, building or school. After all, the first Church in Pencoys was in a blacksmith's shop. BUT Churches are places of beauty through their windows, carvings, and their architecture, they have an importance in the history of our communities now long gone. Churches are places where people have brought their love for another to be blessed or their precious family members to be buried, where their children have been welcomed and where the spires and towers have pointed towards heaven and have in centuries past, and perhaps even now have taken some people away from their 'dull, grey lives' and offered them colour, beauty and peace. Why do the sanctuary bells ring at the elevation of the Blessed Sacrament? So that those working in the fields decades ago can know what is happening in the church.

But what of the 'New Wine' churches, the 'Light and Life' churches, they function very happily in redundant buildings, wharehouses and schools. They do not have the history and tradition of our churches and chapels. They do not have the rituals, vestments; they do not have the history, yet they are often full. The Churches have the tradition, the monuments, the graveyards. Perhaps the independent Churches have the energy, the enthusiasm, the involvement and the urgency that we may lack.

As the church in Cornwall begins to think about the way forward after the effects of the pandemic through initiatives such as 'Transforming Mission' and now 'On the Way', we must all think about how our Churches with their rich history, their beautiful architecture, their windows and carvings can not only be made safe for future generations, but also, not be a constant drain on the resources of the communities which they seek to serve. It is a challenge we must face, because if we do not, then Churches may close and their historic beauty, and the prayers offered over centuries will be lost to future generations.

Fr Peter

ST STEPHEN'S TRELEIGH



A wheelchair ramp has been given to Treleigh by Joy and Jamie Pedley in loving memory of their beloved son and husband Steven who passed away in January.

Treleigh is very sorry to hear of Rev'd Deb Grigg's resignation from the Redruth Team Ministry. Deb will be a great loss to the team, particularly to St. Euny where she has done exceptional work. We wish her all the very best in her retirement.

On Wednesday May 12th Dave and I met up with the great-great grand daughter of James Moody, the Redruth photographer and father of Fanny Moody the famous opera singer known as The Cornish Nightingale. We met in Treleigh Churchyard where Dave was able to show them the grave of James Moody and another of one of his daughters and her husband. It was so rewarding for both them and us as he found exactly what they wanted, adding more detail to the family tree. James Moody's photographic shop was in Fore Street, Redruth, where the Post Office is now. Fanny and two of her sisters were all on the London stage, at various theatres, at the same time. In 1881 when the harmonium was replaced by the present organ Fanny sang: "Angels Ever Bright & Fair". Fanny was born in Redruth in 1866, the same year that Treleigh Church was built and as a young girl, together with other members of her family sang in Treleigh Church Choir.

The scaffolding went up in Church on May 13th and 14th prior to work on the refurbishment of the church and it is hoped that we will be back in Church on Sunday June 6th, otherwise in the hall. There will not be a service at Treleigh until that date but there will continue to be a Thursday morning Holy Communion Service at 10am except for June 3rd when it will be at 2pm.

Advanced notice....Treleigh Garden Fete will be held on Saturday 4th September, subject to the covid situation.

Take care & stay safe everyone Trish Rowe

ST EUNY

By the time you are reading this, we will have been celebrating one of my favourite festivals of the year: Trinity Sunday. For a few short months we have ridden the rollercoaster of the major Festivals of Christmas, Easter, Ascension and Pentecost - the story of God's coming among us in Jesus, from his birth to his triumphant return to his Father and the sending of the Spirit to equip his church. And now, before we move into ordinary time, we celebrate the mystery and magic of Trinity, that insight that Jesus brought and the church wrestled to express: that community is at the heart of the God we follow. This is not a community of hierarchy or competition but of generosity, where each celebrates, supports and points to the others and we are invited to join the party! It's a model for our human relationships, both within and beyond the church.

We, in Saint Euny, have been trying to find ways of reaching out to our local community with generosity over this last year and are keen to embed this now as we move slowly out of lockdown. We are so grateful to all of you from across our church family, who have been, and continue to support these activities: the Tiddlers group on a Tuesday afternoon, the meals and picnics for families, the Internet café planned for Wednesday afternoons to help anyone who wants to learn or improve their skills on the computer or simply take advantage of our internet facilities in the church.

We have our first baptism in many months at the end of May and weddings are flooding in. We have heard the sound of bells again at a wedding and hope it was the first of many peals. Thanks to Clive who has been ringing a bell for us at midweek and Sunday services. Thanks also to Charlie and Kathryn and Suzanne who have been bringing us music at our services. Even if we can't yet sing as a congregation, it's great to hear the organ and the hymns!

We pray that as we move forwards into a still uncertain world, the path will open up before us as we try faithfully to respond to God's call to us to be a light in a dark place, tiny though we are.

God bless,

Revd Deb

St. Andrew's Pencoys with Four Lanes Methodist Church 'FLAPJACK'

Working, praying and worshipping together as 'One in Christ'

St. Andrew's Church remains open for private prayer on **Tuesday and Saturday** afternoons from **2pm-4pm**; also for Covid-19-safe services of Holy Communion at 6pm each Wednesday evening. The usual weekly Sunday benefice Service will continue to be held at 10.30 am on Zoom.

On **Sunday**, **6**th **June**, a service of Holy Communion (with said/hummed hymns) will be held at **Four Lanes Methodist Church** at 10.30 am. On the **third** Sunday, 20th June, a Service of the Word will be held at 10.30am at the Methodist Church, and Holy Communion at 6pm at St. Andrew's Pencoys. The fortnightly pattern of Sunday worship will continue, as above, until after 21st June. For more information, please see the weekly prayer sheet, available online at **www.redruthchurch.org.uk** or contact Fr. Peter (07903 807946). The Zoom links to join all services are available from Revd. Caspar Bush, at <u>casparbush@gmail.com</u>. (01209 216958). Fr. Peter also continues to publish his weekly informative and interesting 'Together' sheet, at **www.redruthchurch.org.uk**

The last LAMP First Sunday Evening Event, held at Christchurch, Lanner, on 2nd May, featured Nurses and Nursing (nationally commemorated on 9th May), and thanks to Juliet Jenkin of St. Stephens, Treleigh, a donation, totalling £200 has been forwarded to the Guild of Friends of Camborne/Redruth Hospital. If you would like to donate to this charity, please contact Fr. Peter. Our sincere thanks also go to all who came to support this event. The next First Sunday Evening Event will be held in church at St. Andrew's Pencoys on Sunday, 6th June at 6pm and will feature Christian Aid and its invaluable work around the world in these particularly difficult times.

With the approved return to outdoor events, we are pleased to be able to invite everyone to our **Open-Air Holy Communion** Service in **Carnmenellis Churchyard**, on **Thursday**, **24**th **June** (celebrating the birth of St. John the Baptist), at **7pm**. If the weather is inclement, this will be held in the Penmarth Chapel Hall, at the kind invitation of our friends at Penmarth. If you would like to attend this service but are unsure of its location, please contact either Fr. Peter or Jill (07809 043656 or jilltolputt@gmail.com) for directions. It would be helpful if you could bring a seat (for use in the Churchyard).

As we continue to pray for the suffering people of India, we remember some words of Saint Teresa of Calcutta (canonised on 4th September 2016, Feast Day 5th September), whose life's vocation was to serve the poorest of the poor, and established her Missionaries of Charity in 1946, which now have branches throughout the world: "From our own perspective we can do nothing; but in Christ we can do all things. That's why this work has become possible, because we are convinced that it is he, Jesus Christ, who is working with us and through us in the poor and for the poor. The stimulus, strength and fire of what we do comes from Christ and the blessed Sacrament. Without him we could do nothing (cf. St. John 15); at the altar we meet our suffering poor and in him we see that suffering can become a means to greater love and greater generosity." (*From "Something Beautiful for God", Malcolm Muggeridge, 1971*)

Jill Tolputt

CHRISTCHURCH LANNER

Christchurch remains open as in previous months:

PRIVATE PRAYER: Monday & Friday; 2.00pm – 4.00pm

HOLY COMMUNION: Wednesday; 11.00am

After TRINITY SUNDAY on May 30 when all the churches in the Benefice will have a service at 10.30am (except for St Stephen's who are being re-decorated) the fortnightly rotation will continue with Christchurch being open for a Communion service at 10.30am on the 2nd and 4th Sundays.

PLEASE KEEP CHECKING FUTURE SERVICES AND TIMES!!!

"SHREK" REHEARSALS

Sadly, the RAMPS "Shrek" rehearsals due to start in the church and hall cannot begin as planned due to the 'rule of six' restrictions. The production advertised for September in The Regal Theatre may also have to be delayed.

FIRST SUNDAY EVENT FOR THE NURSES

The First Sunday Event for May raised £200.00 for 'The Guild of Friends at Camborne/Redruth Hospital. THANK YOU so much if you were able to support this event. Special thanks to JULIET for giving such an interesting talk about the work of The Guild and to Nurse Gill who sent a written description of life as a returning nurse in the midst of the pandemic. The June Event which will be live from Pencoys Church will support CHRISTIAN AID. So, if you missed the red envelope, it is not too late.

SUNDAY SCHOOL

Christchurch rejoices that it has an active Sunday School with ages ranging from THREE – TWELVE. The age range means that **LINDA** and **MARGARET D.** are working with individual work assignments. Biblical research is going on, alongside glitter stickers, carpet toys and word searches. All this in an area of the church called **OASIS** (Only, Angels, Sit, In, Silence!!) which was created in memory of the legendary *Gertie Crutchfield*. The young people share their work at the end of the Sunday service and their presence in church is a great joy to all.

NEW CHURCHWARDEN

Congratulations to **LINDA JAMES** who joins **MARY ANSON** as a churchwarden for Christchurch. Mary has been warden for MANY years and the community thanks her for continuing. Linda takes over the reins from **ROSS** to whom grateful thanks are extended for his guiding hand through the pandemic. Linda was the local Akela for years and is an established member of the local community. THANKYOU Linda for agreeing to take on this important role. Remember Linda, when Bishops visit, you will walk in front of them and guard them with your staff!!

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The Christchurch congregation send their love, best wishes and prayers to everyone in, and linked with the Redruth Benefice as we gradually emerge from the pandemic.

Julia Knight-Bennett

ST ANDREW REDRUTH

Memories of a Whitsun Weekend 1954

From a very early age I remember that Whitsun weekend held a magic and excitement for me that almost surpassed Christmas!

Like most traditional families in the 50s we followed the Christian Callendar celebrating Christmas and Easter as the main events but for me, there was never, ever anything to compare with Whitsun.

Our weekend would begin with a trip to West End Drapery Stores where my Mother would choose a frock for me befitting the occasion. I particularly remember a red and white cotton dress trimmed with a white lace collar large patch pockets. This would be worn on Sunday morning when my brother and I attended morning service at Treleigh. Sundays were for going to Church, sometimes three times.

Whit Sunday was special. My mother and I would walk to my Aunt and Uncle's house, Pentare, Mount Ambrose for High Tea. The large dining table would be set with delicate china edged in tiny flowers. There would always be a large plate of bread and butter cut so thinly you could almost see through it; the smell of freshly made fruit cake and then in the very centre of the table would be a magnificent, glistening Russian Cream, wobbling whenever the table was touched. This was always served last with oodles of clotted cream. On very full stomachs we would all walk to Treleigh for Evensong. I loved this ritual because I knew the next day was Whit Monday and I would be going to the fair!

If I close my eyes I can recall clutching my brother's hand very tightly as we followed my Father into the magic that was Redruth Fairfield. The smell of sun scorched grass heavy on a warm breeze. The dust rising, coating my sandals with a grey powder. The noise of the Fairground organ, the dancing figurines moving back and forth to the music, the clashing symbols! Then there were the many aromas; sticky "Tom Trot" in brightly coloured swirls, toffee apples, candy floss, burnt onions all mixed together in some melting pot of sights and senses. The magnificent carousel of bobbing gigantic chickens and horses with their glistening brass and bright colours. The coconut shy. Bronzed, well built Stall holders, the women in brightly coloured headscarves. The Hall of Mirrors and the noisey Dodgems.

The last stall we would visit would be "Win a Goldfish". We just had to win a Goldfish, we just had to!

Tired, content, clutching a small plastic bag with a very frightened Goldfish in it that cost a lot of money, we would return home. My new frock now very grubby was destined for a wash but I was so happy. Happy enough to wait until Whitsun came again the next year.

Pie Louis-Smith

Your Church Needs YOU!

I expect we are all reeling a little from the news of Reverend Deb's resignation and wondering where this leaves the Benefice. We of course want Deb to be fit and well and happy as she plans her future with the support of her family and friends. At the same time we need to be thinking about how we move forward. The main thing that we can all do is pray for God's guidance, which I'm sure we do anyway, but as staffing levels drop [hopefully only temporarily] on top of the effects of the pandemic the prayer life of our churches needs to be concentrated on how we move forward.

Each one of us can help in this, no matter what our age, ability or busyness. Let us see this challenging time as an opportunity to revive our coming together in prayer. Praying together is important not only in church during our services but at other times too. You might remember our Feast of Prayer initiative from three [?] years ago when we talked about prayer triplets. I would like to encourage all of you to think about doing this now to support Caspar and the ministry team especially but also to pray for how we might function and grow spiritually and numerically.

It's not difficult and will be beneficial to you and those you choose to pray with. All you need to do is decide who you want to pray with, how often and what you pray for. If you're worried about what prayers, don't. Prayer is a conversation with God so you can talk to him like a friend but if you feel you need something to start you off or something specific to pray for I am only too pleased to help.

Revd Margaret

Tel: 211775 email: margaretsaville@rocketmail.com

THE LORD'S PRAYER Part 8

THE LORD'S PRAYER AND LEAD US NOT INTO TEMPTATION BUT DELIVER US FROM EVIL

In the gospel according to St Matthew, The Lord's Prayer is placed within the Sermon on the Mount. This Sermon is the clearest source that we have of the thinking and teaching of Jesus about the attitudes and qualities of Christian life to which we are called to live as his disciples, for example we are called to be pure in thought, to be merciful, to be peacemakers and to prayer for those who actively harm us by their actions. These are but illustrations of the attitudes by which we are called to live by as Christians. The thinking of Jesus is distinctive and unique to him quite different to the teaching of other Jewish rabbis of his generation.

We have only a brief comment on how the teaching was received astonishment is Matthew's description of those who heard them. There no doubt has been admiration, surprise but for many an impossible ideal. Yet it is these qualities that as his disciples that we are called to live. We can so easily protest that He cannot be expected to know or understand my circumstances, the stress that I must endure in my home and my job. There are expectations in this teaching that are impractical.

It is at this point that we pray 'lead us not into temptation', the opposite to these Christian qualities is always there for us, this petition asks that we should not be placed in a position where we find it to difficult even impossible to follow Christ's teaching. St Paul address this in his letter to the Ephesians 6v13 when he tells us to put on the whole armour of God. Then as now we are called to distinctive living, this has been true for every generation of His disciples. It has never been easy and for many a dangerous task.

The final petition 'But deliver us from evil' can equally be translated 'Deliver us from the Evil One' This is how it was understood in the early centuries of the church, the question is whether evil is a disease of the human personality or it is an active intelligent at work in our world. In either case this petition is deadly serious and should be prayed thus.

Revd Ray Webber retired priest

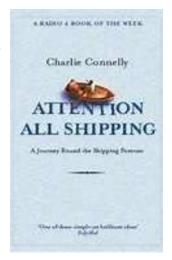
NEWS FROM THE BOOK CLUB

The Book Club is a small group which has been running for nearly seven years, meeting once a month and who share a love of reading. Books bring out the thoughts and personal experiences of their readers and is often a launching pad for chatting about what is happening in people's lives; a great way to see the world from someone else's viewpoint.

There have been some memorable books over the years – some we really enjoyed, even though it wouldn't have been a book we would have chosen for ourselves and some we found, well, not so good. Sometimes one of us will give up on a book because the subject is difficult, the way it is written is not to our liking, or maybe we've not had time to pick it up, but listening to the discussion (and joining in) can inspire us to have another try. In all cases we enjoy the chat and have fun. We all have different ideas about what a particular book "meant" and we come to understand it so much better having talked about it and gained other perspectives.

As one of our group has commented "Although having been a member of book club for only the past eighteen months I have found that it has inspired me to read a different selection of books that otherwise I probably would not have chosen. Speaking to a friend recently about the book club their remark was: 'Why read a book that you either liked or disliked and then with a group of fellow readers pull it apart'. But to me that is one of the most interesting aspects of a book club. A group of people can all read the same book and each come to a different conclusion, relating to the characters in a different way, which is exactly what happened with our chosen book for last month, 'Where The Crawdads Sing' by Delia Owens. Issues of race, prejudice, abuse and injustice were contrasted in great acts of kindness. "A wonderfully written and absorbing read..." left an impression on each of us.

We're currently reading 'Attention All Shipping; A journey Around the Shipping Forecast' by Charlie Connelly. Any insomniacs, familiar with the dulcet tones of Ronald Binge's 'Sailing By' at 00.45, will know that the BBC shipping forecast follows but will give little thought to the mysterious North Utsire or Forties or if there will be any danger of a "westerly gale eight, veering south-westerly increasing nine later (visibility moderate to poor)" gusting through the house. Charlie Connelly wittily explores the regions and the places behind the voice.



Please do join us on Friday 11th June; we would love to see you!



Sue Pearce

Living in Love and Faith

You will probably be aware of the major Church of England initiative 'Living in Love and Faith' - a programme of Christian teaching and learning about identity, sexuality, relationships and marriage. During 2021, every church is invited to take part in studying and discussing the course material, including discussing matters like whether gay marriages should happen, or be blessed, in church.

In our benefice, we have two separate courses running on Zoom beginning in June, on Wednesdays from 9th June at 7pm, and on Thursdays from 10th June at 7.30pm. We expect to run an in-person course in the autumn too.

A Tribute to Rev Deb

Deb has been such a lovely person to work with. She has opened the church to people in need. She has forged new partnerships.

Her passion, her innovation, her humour and not least, her strong faith have been a wonder to be part of. I hope that this is not goodbye and that we will keep in touch.

Lucie Rogers

NEWS FROM THE BELL TOWER

St. Euny Tower ringers have once again begun to ring rounds on four to six bells before Sunday services, for the first time this year.

We are now looking forward to ringing the bells for seven wedding couples between June and August.

Clive Reynolds

		FROM THE REGISTERS	
		FUNERAL	
04 May	2021	Margaret Marlene Bowman	St Euny
21 May	2021	Michael Jackson WEDDING	St Euny
24 April	2021	Simon Caddy and Victoria Dennison-Reed	St Euny

THE GREAT FIRE OF 1982

by Michael Tangye

An extract from this writer's journal:- '6.55pm Sept 10th 1982:- whilst in the garden I was suddenly aware of a vast large cloud of smoke rising high into the sky above the town, accompanied by a succession of cracking explosions. Almost at the same time the fire siren sounded. Rushing indoors I grabbed my camera and ran down to Alma Place where the fire was raging. People came running from all directions—children, parents—almost the entire area. Flames rose high from the roof of the Market House, now the site of Dowty's Furniture and Carpet business. I climbed to the top of the railway embankment at Station Hill, from the top of which it was able to obtain good photographs as a record. Then into Clinton Passage for more. The old Clinton café there was an inferno, with flames shooting from its windows and roof. The garage between this and Clinton Social Club, formerly the Adult School quickly succumbed to the fire, its roof of asbestos exploding, showering fragments around one as I photographed the bad, but exciting scene. A large crowd in Fore Street surrounded a small fire tender from which hoses extended along Market Strand to the front entrance of the Market House-more photos here, and then to Alma Place where a larger engine was situated. Young people had earlier been evacuated down the smoke filled stairs of the Coffee Tavern. Returned again to Clinton Passage and assisted firemen in pulling hoses through the Clinton Social Club to play water onto the blazing Market behind. Then into the unscathed pillored Butter Market area to again assist in feeding hoses. The arched doorways leading into the Market House were fortunately boarded up, but behind it was a wall of fire. Firemen hacked holes in this through which the nozzles of the hoses were inserted in an attempt to decrease the flames. I offered to help Mr Goldsworthy, caretaker, to move his furniture from his flat on the south side of the square if necessary but fortunately the fire did not spread there.

By now the railway embankment was crowded with people, along with Fore Street and the station area. A huge Fire Lift ws brought into play. With four firemen standing on its platform it rose high above the old Mining Exchange to direct water onto the former Post Office which was now well alight.

It was now dusk. Up went the warning cry 'Toxic Fumes', followed by police evacuating bystanders from the whole area. By 10.45pm all was quiet. The fire had been subdued. Only the smoke largely rose into the night air.

It has been the worst fire in memory—at a time when the town's trade is already depleted by the sewerage work involving large, deep trenches along its streets and by the existing general depression.'

<u>**11 Sept</u></u> 'returned to the scene at 8.00am en-route for home following night duty. The Redruth Volunteer Firemen were still present. Within the Market House was left only a mass of smouldering black charred timber, surrounded by towering bare walls.</u>**

I entered the ruins of the old Clinton Café, once the HQ of the Redruth SJAB Division — furniture still smouldered within. Each step of the wooden stairs was six inches deep in ashes and rubbish.

From there a door allowed a view of the vast void left of the Market House from the west. The rear of the former Post Office was visible (note: later the Cornwall Centre) its wall cracked roofless with tottering chimneys, backed by charred roof joists'

Fortunately the Market House was restored along with the former Post Office.

<<Talkabout>> Porth Joke to Perranporth—*©* by Trish Rowe

We left home at 10am to catch the bus from Perranporth to Cubert, then walking to Polly Joke (Porth Joke!) and along the coastal footpath to Perranporth via Hollywell Bay. At Perranporth there was mass movement towards the beach, everyone loaded up with buckets and spades, windbreaks, picnics etc all prepared for a day at the seaside.

We caught the bus to Cubert where I bought a couple of postcards and a pair of flip flops. The lady there warned us that the cliffs around Polly Joke were crumbling in places and to be careful.

We followed path and fields onto Cubert Common, passing two little ponies

running around a field together, their manes flowing in the breeze. From the common it was a gentle stroll down to Polly Joke. A lot of people wending their way down to the beach and we joined the long crocodile, following them down.

A warning notice at Polly Joke reiterates what the lady had told me about unstable cliffs. Ideal walking weather as we cross The Kelseys where sheep are grazing. Our leaflet said that cows graze here as well, but not today! It also says that the cows go down to the beach and we have actually seen them there. A small boy had been building a sand castle with his father when the herd flattened it! We stopped on a rocky crag to eat our picnic but were seen off by a swarm of flies.

A very healthy respect is demanded at all times on our cliffs as a spell of dry weather or rain can change conditions dramatically.

At Holywell Bay there are a few people on the beach but with the surrounding sand dunes there were probably a lot more people around than meets the eye. We stopped here for refreshments as there were no refreshments or toilet facilities until Perranporth which was five miles away, the last few miles of which will be on the beach. Much easier walking than the sand dunes.

Passing Penhale Camp we can see Perranporth in the distance. This was followed by a big cavern deep into the rocks and a very, very narrow path around it. Not a nice feeling, and glad to be passed it! From here we cut down to the beach through the sand dunes to walk across the shore line to Perranporth. I decided to take my walking boots off and paddle all the way! We have passed so many beaches on our travels and just walked passed them or over them that I couldn't pass up this opportunity to give my hot feet a treat and feel the sand between my toes!! The downside of this is that there comes a time when walking boots and thick socks have to be put on over sandy feet, not to be recommended, but I'm glad I did, and I would again!!

The walk across the sands was peaceful and atmospheric and we sat on the beach and had a cup of tea from our flask. As the tide was coming in we took the steps up and over the point and into the clamour of busy Perranporth. Over 10 miles today and another stretch done!

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POETS CORNER Silver... by Walter de la Mare

Slowly, silently, now the moon Walks the night in her silver shoon; This way, and that, she peers, and sees Silver fruits upon silver trees; One by one the casements catch Her beams beneath the silvery thatch; Couched in his kennel, like a log, With paws of silver sleeps the dog; From their shadowy cote the white breasts peep Of doves in a silver-feathered sleep; A harvest mouse goes scampering by, With silver claws, and silver eye; And moveless fish in the water gleam, By silver reeds in a silver stream



Walter John de la Mare 1873-1956 is one of England's greatest poets and famous writers especially for children. He was educated at St Paul's Cathedral Choir School in London. *Joan Doble*







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