

# Five Alive

**The Magazine of the Redruth Team Ministry**  
St Euny Redruth, Christchurch Lanner, St Andrew Pencoys  
St Andrew Redruth and St Stephen Treleigh



**JUNE 2023**  
**Price £1.00**

*Living God's abundant life;  
sharing the good news of Jesus*



REDRUTH TEAM MINISTRY

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### FIVE ALIVE MAGAZINE

**Subscriptions (£8.00 PER YEAR OR £1.00 PER COPY):** please contact your Churchwardens

**Articles and advertisements: please contact:-**

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**by FRIDAY 16 JUNE**

## Rector's Notes—June 2023

### Moving on

It was with very mixed emotions that I made the announcement a few weeks ago that Alice and I will be leaving Redruth this summer, to go to a new team rector role in Salisbury Diocese, in the Marden Vale Benefice centred on the North Wiltshire town of Calne. We are leaving lots of lovely people here in Redruth. But we are moving to be much nearer to all our close family. Our last Sunday looks like being 27<sup>th</sup> August, so we'll be around for a little while yet.

I thought it worth setting out how the process will work in relation to the appointment of my successor. The first thing to say is that the process will happen a lot more quickly than back in 2014/15. A lot of the work required towards appointing my replacement will happen before I even leave – though naturally I will have nothing to do with this. The name given for the period between incumbents is *transition*, rather than *vacancy* (or far worse, *interregnum*), because the Diocese recognises that the benefice is not vacant at all - practically everyone involved in the leading the churches is still very much in place.

We expect in the next few weeks that the Diocese will appoint a *transitions advisor*, to guide the process of producing a *parish profile* for our benefice. That person will gather a *transition team* – a group of representatives from across our churches to do the work of describing our churches as they are. The people and activities of our churches are far more important than the nature and history of our church buildings – all a new rector really wants to know about the buildings is whether they are in sound condition, and the facilities they offer.

Our churches have already adopted the deanery vision statement ***Living God's abundant life; sharing the good news of Jesus***, and started to work out how that applies to our churches. That is bound to feature prominently in the profile. Then the transitions team will need to write a *role description*, and a *person specification* for those who might be interested in applying. A lot of the role is standard, because there are many things any rector has to do. But there is much scope to specify any particular experience or gifts that the transitions team feel are important in potential candidates to lead the next stage of the life of our churches.

Then the role will be advertised. I would expect interviews to be this coming autumn, and if the right person is found, hopefully they will start work in the first quarter of 2024. It's not too early to start praying that the right person be found!

***With my prayers and best wishes***  
***Caspar Bush (team rector)***

# ST ANDREW REDRUTH

## The smallest room in St Andrew's Church

On Saturday 20 May, Jeff Saville, Rosemary and I spent an hour or two giving the sacristy a spring(ish) clean.

It is usually only the servers and clergy that enter this room and some may wonder what is in there and what is it used for.

Basically the sacristy stores many of the things you see on display in the church and it is where the priest and servers prepare for the Sunday and Wednesday communion services.

This involves the following main items:

- Candles for the nave and high altars which have to be filled with oil before each service
- The ornamental plates that are displayed on the high altar and used for the collection
- The thurible together with supplies of charcoal and incense which has to be lit before each service
- The processional cross
- The gong and sounder which is rung during the consecration of the bread and wine
- Altar cloths and dust covers which Rosemary often has to wash following a priestly spillage
- Altar frontals for the high altar and lady chapel which are changed depending on the colour required for the particular service or season
- The priests' vestments which change during the year to match the altar frontals

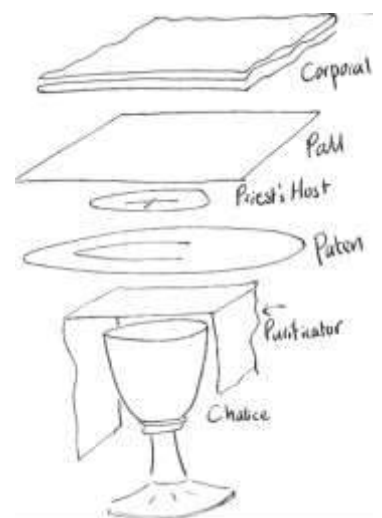
Finally there are the various items that are required for the communion service:

- The brass and silverware kept in the safe
- Priests and people's wafers and the communion wine which is actually port which does not go off as quick as wine.
- The various small white linen cloths used for the communion which again need to be washed regularly by Rosemary
- The cruets for water and wine and a small bowl to enable the priest to ceremonially wash his hands prior to the consecration

There are ancient names for the various parts of the communion set up which are shown in this illustration which we use to prepare in advance of the service

I hope this removes some of the mystery of the smallest room, if any one would like to get more involved with service preparation or as a server you would be very welcome.

**Richard Robinson**



# CHRISTCHURCH LANNER



**With love and best wishes to all 'Five Alivers'!!**

Christchurch remains open 10.00am – 4.00pm and Holy Communion is celebrated each Sunday at 9.30am, except on the second Sunday when an informal all age event (CHAMP) is held and Holy Communion 11.00am and follows the Prayer Book rite.

The third Sunday is a Communion with new music.

## **CORONATION CELEBRATIONS AT BOTH CHRISTCHURCH AND FLAPJACK**

Thankyou so much if you were able to be with Christchurch for the Coronation Events.

Everything went really well and the Skyliner Concert, the Coronation sing-a-long (organised by Pat Williams) and the First Sunday Event with the theme of the Coronation raised £200.00 for the Cornwall Branch of *The Motor Neurone Disease Association*.

**THANKYOU SO MUCH FOR SUPPORTING THIS CAUSE**

## **TUESDAY GAMES**

'Toasty Tuesdays' have ended, BUT they are replaced by **TG** (Tuesday Games). This will take place every other Tuesday which began on **TUESDAY MAY 9, 2pm – 4.30pm** and continues on **May 23, June 6, June 20, July 4 and so on!!** You will be VERY welcome to join in whatever the games are, which could be: **BINGO, WHIST, BOARD GAMES etc.** as well as enjoying tea, coffee, juice and even **CAKE!!**

## **THE CHRISTCHURCH SUPPER CLUB**

This is a new initiative and it is hoped that Christchurch will welcome guests from all over the Benefice. The idea is quite simple – you come along, bring something to share and we simply spend an evening together. The time is **7.00pm** and the date is: **FRIDAY JUNE 2**

## **OTHER EVENTS AT CHRISTCHURCH**

***Margaret's Last Monday Tea Party 2.00pm – 4.00pm.*** Home made cake and lots of chat!!

***The Last Friday Film Club doors open at 6.30pm., camera rolling at 7.00pm***

The cost is £5.00 which includes ice-cream!!

**With very best wishes from everyone linked with Christchurch**

*(PS. The OPEN PANTRY is still there and donations are gratefully received!!)*

**St. Andrew's Pencoys with Four Lanes Methodist Church**  
**'FLAPJACK'**

***Worshipping, praying and working together as 'One in Christ' St. Andrew's Church remains open daily from about 10am-4pm with optional Covid-safe precautions in place (covid is still with us)***

The First Sunday Evening Event on 7<sup>th</sup> May featured the Coronation celebrations and raised £200 for the Cornwall Branch of the Motor Neurone Disease Association (including income from the two concerts at Christchurch). Many thanks to all who came to support this event. The next First Sunday Evening event will be held on **Sunday 4<sup>th</sup> June** at **6pm** at Four Lanes **Methodist Church**, and will take the form of a Pet Service, with donations invited for Battersea Dogs and Cats Home, in memory of the late Paul O'Grady.

The Coronation weekend was a joyous occasion for Flapjack, with the Quiz on the Saturday followed by the Lighthouse Party on Sunday, when about ten children came for tea, made crowns and enjoyed a 'fly past' of crowns!

We were pleased to welcome members of all of our benefice churches to our **Ascension Day** celebration, complete with balloons.

Flapjack services and events during **June** will be:

**Saturday 3<sup>rd</sup> June** : Quiz, Pencoys Hall, 7pm

**Sunday 4<sup>th</sup> June** : **TRINITY SUNDAY** Flapjack Holy Communion 11.15am  
Flapjack Meeting 12.45pm  
Lighthouse 3 – 5pm and the First Sunday Evening Event at 6pm  
Pet Service, all at Four Lanes **Methodist Church**

**Sunday 11<sup>th</sup> June** : Flapjack Family Event St. Andrew's, 11.15 a.m said H.C. 12.30pm

**Saturday 17<sup>th</sup> June** : Games (Bingo) Evening, 6 – 8pm Pencoys Hall.

**Sunday 18<sup>th</sup> June** : Methodist Morning Service 11.15am H.C. at St. Andrew's 6pm

**Thursday 22<sup>nd</sup> June** : Open Air H.C. Service at Carnmenellis Churchyard 7pm

**Saturday 24<sup>th</sup> June** : Bangers & Mash, Methodist Church from 11am

**Sunday 25<sup>th</sup> June** : Benefice Holy Communion, St. Andrew's Redruth, 10.30am  
Teatime Celebration, Pencoys Hall 4 – 5pm

'Whacky Wednesday' social afternoons, with tea and board games, replacing the former winter 'Warm Wednesdays' will be held on 7<sup>th</sup> and 21<sup>st</sup> June, then every fortnight. Everyone is very welcome.

***Jill Tolputt***

## ST EUNY

Open Cafe continues to welcome a good number of people every week. In mid-May Lucie presented a Godly Play session on 'The Great Family' which talked of Abraham becoming the father of many. It was well received and we are hoping that she will present another one later in the year. Our usual structure is hot drinks, cakes & biscuits and lots of conversation.

Plans for opening the church for the summer are well under way. The insurance company has approved and we have undertaken an inventory & risk assessment. The opening hours will depend on volunteers for opening and closing, but we anticipate approximately 10.00am to 4.00pm daily during the summer, from Sunday 24<sup>th</sup> June. If anyone is a regular visitor to this area and would be willing to volunteer to be on a rota for locking or unlocking the door, we would be very grateful. We will be placing ourselves on the Celtic Quiet Places website to encourage church visitors. This has been a hugely successful initiative by Canon Pat Robson and the website is up and running with a large number of churches featuring from across the whole county. The website address is: <https://celticquietplaces.com/> and this gives times, information on access and facilities as well as a brief background of the church and/or its patron saint. If anyone is interested in visiting churches across Cornwall this summer, this is a good place to start and a brilliant source to recommend visitors looking for interesting places to visit. We will be creating an entry for the website and some display material for visitors in the next couple of months. If anyone is interested in being involved, please do contact Linda Beskeen or Lucie Rogers.

St Euny is also pleased to announce that we will be holding a Sunday Morning Service on week two of the month. This will be a service of The Word as there are too few priests to enable us to hold a Holy Communion service, but we look forward to holding services on four Sundays in the month – weeks one, two and three at 11.15am as usual and week 4 evensong at 6.00pm.

The Methodist Pilgrimage of Saturday 13<sup>th</sup> May took place on a beautiful late spring morning. As usual with these events, the timing was precise and the group were kept to their schedule. The links between the Rector John Collins (rector 1734-1775) and the Wesley brothers was part of the focus of the visit and this initiated much interesting conversation. We were able to display some memorabilia about the Methodists in Redruth courtesy of the Redruth Old Cornwall Society collection, which also generated many comments and questions. John Wesley mentioned Redruth and the Rev. John Collins several times in his diary, so it is appropriate to refresh our memories of this time and its impact on Redruth.

Unfortunately the walk and talk planned for the Kerrier North U3A had to be cancelled because of covid, but we hope to re-arrange this in the future.

Advance notices for July: on Friday 7th July, 6-9pm we will be holding a summer BBQ and music evening; on 19<sup>th</sup> July Bishop Hugh will be officiating at a Confirmation Service at St Euny, with light refreshments afterward. All are very welcome to both events.

Caspar and Alice have given so much to St Euny over the past eight years and we are sorry to see them go, but wish to thank them for all that they have done and wish them well in their new parish.

***Linda Beskeen***



## ST STEPHEN'S TRELEIGH



On Sunday, 7th May the 11.15 am Informal Holy Communion Service was celebrated by Caspar who had erected the big screen on which the service and hymns were shown. There was a lively quiz of 'Guess the Monarch' which brought a few laughs!

The Church windows, font and altar had been beautifully adorned with red, white and blue flowers in celebration of the Coronation of King Charles III and Queen Camilla

Refreshments were served at the back of the church as has been the custom since the hall was out of use for refurbishment and as it seems to be preferred, it's possible that it will continue except on those occasions when a Baptism follows the service or we have a larger congregation.

The hall internal refurbishment has been completed except for a few ongoing 'cosmetic' improvements eg. cushions and our heartfelt thanks go to David and Len for all the hard work that they have done in making this a presentable space once again.

There has been renewed interest in hiring the hall with the added bonus of use of the Hawthorn Garden and plenty of parking outside of school hours. Any enquiries are now to be made to our Treasurer Juliet Jenkin on 01209 217141.

Our thanks go to David Rowe who previously did this for many years along with so much else that he quietly undertook.

On the morning of Saturday 22nd April a small bunch of hardy volunteers braved the wind and rain to tidy the churchyard and were rewarded with a hot drink and biscuits.

On Sunday, 11th June the 11.15am service will be a Songs of Praise led by Caspar and Jim in the Hawthorn Garden, weather permitting. If you have a request for a favourite hymn then please let them know as it's only a few weeks away.

The people of Treleigh send their love and prayers to Reverend Chris Harrigan, his wife Becca and children Izzy and Isaac, as Chris is Ordained into the Priesthood on Saturday 24th June at Truro Cathedral.

Thank you Chris for all you and your family have brought to the Benefice Churches, God bless you as you continue your ministry.

***Christine Cunningham***

## THE SUMMER HOLIDAY PROJECT 2023

Now that we are almost back to normal after the pandemic the **SUMMER HOLIDAY PROJECT (SHP)** can make a return!! The SHP 2023 will have SIX outings and an Adventure Week. Here is the provisional programme:

### DATES FOR THE OUTINGS & THE ADVENTURE WEEK

TUESDAY	AUGUST 1:	Portreath Beach
FRIDAY	AUGUST 4:	Trebah Gardens
<b>MONDAY</b>	<b>AUGUST 7 – FRIDAY AUGUST 11:</b>	<b>Adventure Week to Porthpean</b>
TUESDAY	AUGUST 15:	Penzance Pool
FRIDAY	AUGUST 18:	Ken's Farm
TUESDAY	AUGUST 22:	Carn Brea Hike
FRIDAY	AUGUST 25:	Portreath Beach

### COSTS:

The 6 outings are from 10.00am – 4.00pm (except for the two coach outings) and the cost is **£5.00** per young person per outing.

*The Adventure Week is **£185.00** / young person*

### TRANSPORT:

**Portreath Beach** / bring your young people to the beach for 10.00am and collect from the beach at 4.00pm

**Carn Brea Hike** / meet at St Euny Church at 10.00am and collect from St Euny Church at 4.00pm

**Ken's Farm, Lanner** / meet at Christchurch at 10.00am, collect from Christchurch at 4.00pm

**Trebah Gardens & Penzance Pool** / meet at St Andrew's Church, Redruth at 10.00am, collect from St Andrew's Church, Redruth at 5.00pm—travel by coach

**Porthpean** / meet and collect from St Andrew's, Redruth. Times to be finalised  
Travel by coach.

***For more information and to book, contact FP / 079 038 079 46***

## FROM THE REGISTERS

### WEDDINGS

20 May	2023	Benjamin Richard Stanley Whitehouse <i>and</i> Hailey Shirley Collins	St Stephen Treleigh
20 May	2023	Jason Roberts and Kerry Anne Moyle	St Euny

### FUNERALS

18 April	2023	Gloria Jean Bray	St Stephen Treleigh
25 April	2023	TreveCombella	St Andrew Pencoys
19 May	2023	Gladys Ann Strout	St Stephen Treleigh

### BURIAL OF ASHES

22 May	2023	Rosemary Seymour	St Euny
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## Pastoral Group

Just a reminder to everyone in our churches to look out for one another. If you have concerns about someone who is not well and would like a visit or holy communion at home please tell your church warden or your pastoral co-ordinator (listed below). You may also have noticed someone missing from church over a number of weeks and don't know why. Please do let us know, it's better to hear from two or three people than not to hear at all.

### ***Your co-ordinator is:-***

St Andrew Pencoys	Fr Peter
St Andrew Redruth	Pie Louis-Smith and Lavinia Green
St Euny	Jason Hoole-Jackson
St Stephen Treleigh	Ann Youlton
Christchurch Lanner	Linda James

The co-ordinators try to meet once a month to pray for those in need and support one another

***Revd Margaret and Fr Peter***

## NEWS FROM THE BELL TOWER

St. Euny Tower hosted the Western District AGM in April. After a period of ringing we had a short service led by Jason Hoole-Jackson, followed by a superb spread.

Recently, we have welcomed three visiting bands of ringers. Firstly, there were 'The Old Codgers' who meet monthly at various local towers.

The following week we hosted a band of ringers from Devon, who were spending the week ringing throughout Cornwall, and recently we were visited by a group from Lanhydrock, Lanivet and Bodmin.

After over three years without having weekly practices, we restarted on the Wednesday before the Coronation, when as well as our regular team of seven, we welcomed four keen beginners.

On Coronation Day we rang for an hour from 9 am. As well as our regular team, we included five visiting ringers, including two from Somerset and County Down.

We have each been presented with a Certificate and Badge to acknowledge our contribution.

We also invited some non-ringers, including an 8 year-old boy, to 'have a go' so they will be able to say that they also 'Rang for the King'.

We have just had our second practice evening, and plan to continue fortnightly practices from Wednesday May 31<sup>st</sup>.

***Clive Reynolds***



# Book Club

*open to anyone who likes reading and having a chat (you don't have to be a member of any of our churches*

There was a mixed reception to *The Long Road from Kandahar*, several people thought the story was too 'neat and tidy' and thought more could have been made of the relationship between mother in law and daughter in law and the similarities of their experience that were only hinted at. As always, though, it was good to read of places in Cornwall that we could all relate too.

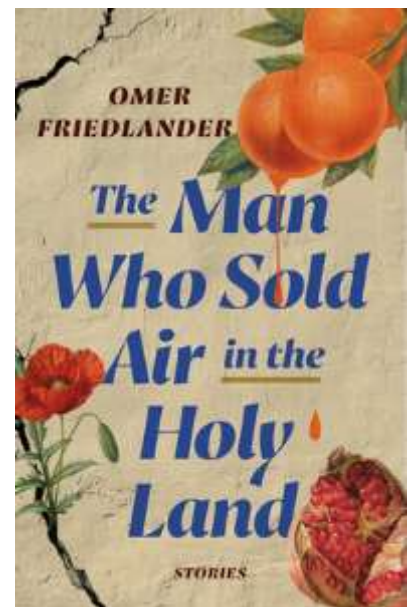
Further discussion about our next book means we have dropped *Hungry Ghosts* for the time being as most people wanted something different., so after throwing a few ideas around we settled on a collection of 11 short stories. They are all set in modern day Israel written by Omer Friedlander. The title story, *The Man Who Sold Air in the Holy Land* is about a con man who tries to sell empty bottles of 'holy' air to tourists. A school show and tell is about the kidnap of a holocaust survivor whilst another shares the story of a volunteer at a West Bank checkpoint of a mother mourning her son killed in Gaza.

We are given descriptions of the lush orange groves in Jaffa, the Negev desert and the narrow alley ways of Jerusalem and of course some insight into the Arab/Israeli conflict. The stories have been described as 'fairy tales turned on their head by the stakes of real life'.

Don't forget the previous books are available in church for you to read and pass on. Enjoy!!

If you want to know more then contact me on 219059 - there's always room for one or two more in my conservatory!

Margaret Saville





## CELEBRATION OF THE LIFE OF CRAIG ROBINS (RIP)

Jill and Craig's family would like to express their sincere thanks to everyone who attended his memorial on Sunday 30 April. Special thanks to Fr. Peter for preparing and leading the remembering and celebration of Craig's life. Thank you to all who helped in any way with the preparation of the Crypt, the music, sharing your memories and the refreshments.

Jill is so grateful for all your kind thoughts, the many cards and messages she received and for your prayers at this difficult time. Your friendship is appreciated and greatly valued.



## FUNDRAISING FOR PARKINSON'S

On Sunday 2<sup>nd</sup> April we organised a service for Parkinson's. It was well attended, as myself, Brian and Fr. Peter shared the service that I had arranged, with poems, readings, hymns and prayers and a short talk, all relevant to Parkinson's.

I had good "reviews" and raised the unbelievable sum of £853.00 in total. Our thanks go to everybody who attended and gave so very generously.

*Sheila Gannaway*



Yes, it's that time of year again when St Andrew's becomes festooned with art of all kinds and is full of laughing children, chatting adults and lots of delicious cake!

This year we have several extra special events as well as the usual exhibitions, workshops, activities and entertainment.

We kick off on Saturday with circus skills workshops and a performance by Newgen, the young people who are a part of local circus company Cirque du Ciel. This is followed on Saturday evening with a production by drama group Elcie and starring our very own Jason Hoole - Jackson and Lucie Rogers.

On Tuesday 20th Linda Beskeen will be leading a guided walk around the Trewirgie area and our Festival finishes on the evening of Thursday 22nd with the ever popular "Poems, Pasties and Pints" night led by Tamsin Spargo.

In between these great events are a jewellery workshop, a clay workshop and lots of other interesting activities.

So why not come along, bring a friend, get involved, have fun and eat cake.

The Festival is open from 10:00-3:00 on Saturday, Monday, Tuesday and Thursday; and from 11:00-3:00 on Sunday and Wednesday.

For more information on all the events please see our Festival brochure or the church website [redruthchurch.org.uk](http://redruthchurch.org.uk) We look forward to welcoming you.

***Lez Seth***



# *Some Extracts from Cornish Newspapers*

*by Michael Tangye*

The files of Cornish newspapers have for long been transcribed by this writer to be used in writing numerous articles. Occasionally one finds references to local churches and chapels which are of interest.

**West Briton June 22nd 1876** 'NEW BAPTISH CHURCH, on what was once tin steam works. In obtaining a foundation many feet of gravel had to be removed and old mine workings laid bare, all of which created great interest. An arch and buttress have been built over the town leats which runs under the centre of the Chapel, and a deep adit under the wall of the north corner of the building (These two streams were (1) from the country, (2) an adit (drain) from three mines)'

**West Briton July 13th 1876** Baptist Chapel Foundation stone laid by Mr T Haynes of Plymouth. Two hundred folk attended a luncheon at the United Methodist Free Church (Note: 'Flower Pot' Chapel in Fore Street). Cost will be £1,500 with 500 seats. It was originally intended to build it on the old chapel site where the last service was held on May 2, 1875 but now held in the Druids Hall. (Note: now St Ruman's garden)

**West Briton March 28th 1878** 'PARISH CHURCH to be re-seated The long gallery at the West End to be removed and the handsome arch between the tower and the church, now blocked up and quite hidden from view, should be opened. The old pulpit removed and the pulpit and reading desk placed at the East end (Note: In April the sale of the pulpit, reading desk, gallery and pews, communion rails, vestry etc were sold for £28 and £29. In July the church re-opened. The two East doors were closed to make way for a new pulpit).

**West Briton July 14th 1881** 'ROMAN CATHOLIC FUNERAL, the first at Redruth. Irishman James Barry, who kept lodgings for travellers at East End. A 'wake' was held on Friday. He was buried in the cemetery at East End by Father Crontelle—'The service was long—but a very nice one'.

**West Briton July 29th 1881** 'Some friends at Redruth arrange for the erection of a Mission Hall 70 feet square at the East End of the town on Pednandrea Mine Sett for the Salvation Army'

**West Briton June 19th 1882** 'The Town Mission Hall (Note: at Plain-an-Gwarry) with the town Missionary, work for the poor, but are now joined by the Salvation Army. Mr R S Edwards, chemist being instrumental in this, General Booth arrived on the 2.27pm up train from Penzance, the stringed and brass Salvation Army Band paraded through Alma Place, up Fore Street and Shute Row to the site where flags were flown. The foundation stone was hung up by a pulley but was lowered for safety when the crowd pressed forward, breaking the boarding—to the cry of 'Halleluiah!' from the General. He later gave an address in the Free Methodist Chapel before an evening procession around the town with the waving of umbrellas and sticks. Another service followed, packed with 3,000 people!

**West Briton August 2nd 1883** St Andrew's foundation stone laid by Mrs Bassett of Tehidy and Lord Clinton on July 26th. The church will hold 380 people (Note: this before being enlarged). Sunday School 400—cost about £5,000. the large excavation for the crypt remains open, though walled and fenced off.

**Royal Cornwall Gazette June 8th 1877** Rector and Parish church criticised. 'The Parish have to raise £1,600 per annum through an obnoxious tax for an aged rector, who until the last eight or ten weeks, has been non-resident for years. We have for all this money, only one badly constructed church, and one small miserably attended Chapel of Ease—that the regular church-going people, unless they belong to a particular faction, only get a visit from their spiritual pastors on average once a year' (Note: 'absentee clergy' were for long a problem in Cornwall)



# *My way to Compostella Day 4*

## *Len Cunningham*

Shared rooms who would have them? Certainly not for a restful night! We had a French Priest sharing with us who was snoring for the kingdom of heaven, if we managed 3 hours of restful sleep it was more by luck than his lack of snoring, added to this was my frantic attempt to extract myself from my sleeping bag to go to the toilet. Having an all-season micro bag seemed a good idea, but a zip that goes all the way from feet to neck can be tricky to get undone in a hurry and to add insult to injury, to find no toilet paper available meant a trip back to the room to get my reserve emergency supply. A tip to all fellow walkers, “pilgrims devour toilet paper, even to the extent of nicking it on their way out” so come supplied, failing that look out for some decent dock leaves!

So, at around 5am we were having a coffee from a roadside vending machine before hitting the trail. The one consolation going through my mind, in addition to what I could have done to the priest, was that we would be in Pamplona in very good time, thereby having the opportunity to see something of this famous city. For the next 11.2Km the walking was pleasant, undemanding and warm. Crisscrossing the Rio Arga, we reached the medieval bridge which crosses the Rio Ulzanna

Here begins the outskirts of Pamplona and the 4.6Km trek into the city, dodging the traffic and keeping an eye out for yellow arrow markers on the road, lampposts or any other conceivable position.

The final approach to the walled city was across a wide green plaza to follow the city walls and enter by the drawbridge and the splendid Portal de Zumalacàrregi also known as the Portal de Francia, a reminder that Pamplona has always welcomed pilgrims from all over the world including France, despite Roland’s destruction of the city. Having passed into the city we found a very pleasant and recently opened Albergue. It had individual beds in pods, very good showers and more importantly washing and drying machines. The Albergue had a number of pilgrims already there when we arrived, one a young Irish man. We came across him sitting in his pod struggling with blisters on both feet. I offered to help him with his first aid and in return he treated Andrew and I to some delicious tapas for lunch. We later, together visited Iruna the Art Deco café frequently visited by Hemingway when staying in Pamplona for the Running of the Bulls which he wrote about in his book the “The Sun Also Rises”, much too expensive to stay for coffee. Later in the evening, as Andrew and I sat outside a bar on the corner of the main Square Plaza del Castillo next to the La Perla a 5-star hotel, we saw, and were joined by the two Australian ladies we first met at supper in Roncesvalles, those of the sleeping bags/hair dryer discussion. They were delighted to tell us that they were staying in the adjacent hotel and had wi-fi in the bathroom! I can’t say with any confidence if they finished their pilgrimage, but we never saw them again! Having not been invited back to the hotel for dinner with them, we returned to the Albergue after a nice Italian dinner for a hopefully good night's rest before tomorrow's 27km.

# IT'S QUIZ TIME!!

*(answers next month)*

1. Kolymbia is a village located in which Greek city?
2. What type of chilli is used in an authentic Jerk rub?
3. Kevin "Al" Archer and Kevin Rowland co-founded which band?
4. What animal has the shortest gestation period?
5. Jack Dorsey, Noah Glass, Biz Stone, and Evan Williams founded which social media platform?
6. A Hydrophis Cyanocinctus is a type of what?
7. Edwin Beard Budding invented the first mechanical what?
8. Who was the original host of Family Feud?
9. A traditional chef's toque contains how many folds?
10. What is Barbie (the dolls) full name?
11. A Dianthus Carthusianorum is a type of what?
12. Which French physician invented the stethoscope?
13. What are 'Cutis Anserine' more commonly known as?
14. Robert Guerin founded what organisation?
15. Which gland produces melatonin?
16. What type of poison is found in puffer fish?
17. In which country is the Zika forest located?
18. What was the name of Jabba the Hutt's wife?
19. What was the first movie to show a toilet flushing?
20. Frances Shand Kydd is the mother of who?

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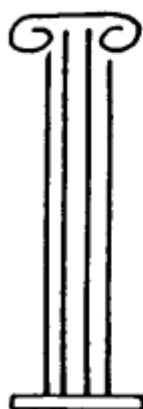


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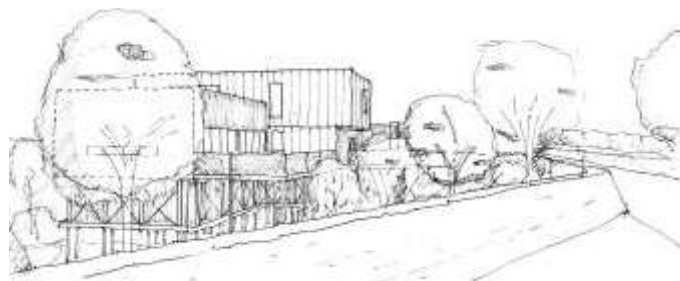
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