

FIVE ALIVE

The Magazine of the Redruth Team Ministry
St Euny Redruth, Christchurch Lanner, St Andrew Pencoys
St Andrew Redruth and St Stephen Treleigh



Jason Hoole-Jackson

NOVEMBER 2023

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by FRIDAY 17 NOVEMBER

SNOWSTORM

During my prayer time reflecting on the world today, I was given the picture, J.M.W. Turner's captivating masterpiece, 'Snow Storm—Steam-Boat off a Harbour's Mouth,' From the midst of a fierce snowstorm. we are confronted with the chaos and beauty of a tumultuous sea. This extraordinary painting serves as a profound metaphor for the conflicts that plague today's world, the struggles of our daily existence, and the guiding light of faith that empowers us to respond with peace. In this reflection, we will explore how Turner's artwork, enriched with contemporary voices and biblical wisdom, teaches us to navigate the storms of life. Jesus Christ, the embodiment of peace and compassion, walked a path laden with conflict and opposition. He is the ultimate model for responding to turmoil with grace. "Peace I leave with you; my peace I give to you. Not as the world gives do I give to you" (John 14:27). His words remind us that divine peace transcends earthly turmoil, just as a ship finds safety amid the wildest waves. In response to this week's escalation in Israel, I am reminded of Mahatma Gandhi, who urged us to "be the change you want to see in the world."

Martin Luther King Jr. tells us that "Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." In the face of conflict, love and light become our allies. Our church can be a place of refuge where we cultivate these virtues and gain the courage to stand up against injustices. As we discussed last week, we need to always ask ourselves, who is the oppressor and who is oppressed? As Nelson Mandela's life exemplifies the might of forgiveness and reconciliation. He taught us that "Courageous people do not fear forgiving, for the sake of peace." In a world steeped in conflict, forgiveness and reconciliation must be our guiding stars, for they have the power to heal even the deepest wounds. Living in Cornwall, we are no strangers to the tempestuous seas and rugged coastlines. These natural forces mirror the personal conflicts we encounter daily. Yet, the Bible assures us: "When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you" (Isaiah 43:2). Just as Turner's ship finds its way to safety, we too can navigate through life's challenges with our faith as our guiding light.

Within our church, we find a sanctuary where we draw strength and wisdom to confront the injustices of the world. The church is not merely a place of solace but a platform to raise our voices against oppression and strife. In our faith and moral leadership, we discover the potency of peace. As the psalmist declared, "The Lord gives strength to his people; the Lord blesses his people with peace" (Psalm 29:11). It is through peace that we overcome conflict, both within and beyond us. God's will for us is clear: "Let us therefore make every effort to do what leads to peace" (Romans 14:19).

'Snow Storm' invites us to find solace and direction in the midst of life's conflicts. With faith as our compass and peace as our guiding star, we can make a difference in the world. By emulating the examples set by Christ, Gandhi, Martin Luther King Jr., and Nelson Mandela, we navigate life's turbulent seas with grace, leading the way towards a more harmonious world, where God's peace and reconciliation reign supreme.

Amen

Revd Chris Harrigan
Assistant Curate

THE CONFLICT BETWEEN PALESTINE AND ISRAEL

The cause of the conflict is complicated as it started as recently as 1947 when the state of Israel was created.

This map may help you understand at least the geography:



The reasons for the conflict are many and they exist in great detail on the internet. Perhaps all we can do is pray for the leaders of the two nations that peace may prevail.

God of Comfort,

send your Spirit to encompass all those whose lives are torn apart by violence and death in Israel and Palestine.

You are the Advocate of the oppressed and the One whose eye is on the sparrow.

Let arms reach out in healing, rather than aggression.

Let hearts mourn rather than militarize.

May all who read this magazine be a 'peacemaker' and build bridges of hope between those from who we are divided - for whatever reason.

ST STEPHEN'S TRELEIGH



On Tuesday afternoon, 19th September, the MacMillan Tea Party was a great success with support from our sister churches who generously brought cakes. As was hoped, parents and children from Treleigh school came in to enjoy the delicious goodies. The grand sum of £326.50 was raised. Thank you all who gave of their time to make this such a lovely afternoon, who made cakes and gave donations.

By the time this goes to print, we will have held an afternoon tea on Tuesday 17th October from 1.30pm with the hope to encourage parents to drop in while waiting to collect their children from school and everyone is welcome. If a success we plan to repeat this at least monthly, the date will be in the weekly pew sheet.

On Sunday 1st October at 11.15 am we celebrated Harvest Thanksgiving with the Creation Service of Holy Communion which was presided over by Reverend Margaret and the sermon was delivered by Jim Seth in his inimitable style with us all taking part. Lynn played for our Harvest themed hymns. The church had been decorated on the previous day with flowers in the porch and all of the windows and sheaves of wheat stood tall on either side of the altar and on either side of the porch steps. A wonderful bread loaf had been made by the Tesco Extra Bakery, in the form of a wheat sheaf with a harvest mouse at its base and this was placed in front of the altar.

Following the service we enjoyed a pasty and pud lunch in the hall. It was decided not to hold the usual Harvest Supper, Auction and quiz on the Monday as so many generous gifts had been given to decorate the church and these were distributed to the Camborne Foodbank and the perishable goods to Food Troops in Victoria Park.

We look forward to welcoming our friends from the Benefice at 10.30am on Sunday 29th October when Bishop Hugh Nelson will celebrate our Holy Communion Service. There will be light refreshments in the hall following the service.

The clocks will have 'gone back' to daylight saving at 2am so for those of us who normally have a later service we must make sure to set our alarm clocks!!

On Sunday 5th November at 11.15am we have our monthly Informal Service of Holy Communion and at 3pm the Remembering Service where people who have lost loved ones recently, or indeed at any time, can come to remember them with readings, poems, hymns and to light a candle if they so wish."

Christine Cunningham

See pictures on next page

*HARVEST FESTIVAL AT
ST STEPHEN, TRELLEIGH*





CHRISTCHURCH LANNER

Christchurch remains open 10.00am– 4.00pm and Holy Communion is celebrated each Sunday at 9.30am. The third Sunday is a Communion with new music and each Wednesday there is a Prayer Book Communion Service at 11.00am. *Due to the 'vacancy' the LAST Sunday of each month will revolve through the SIX worship settings and starts at 10.30am*

WEDNESDAY BIBLE STUDY

This new venture which is proving to be very popular takes place every Wednesday after the BCP communion service. The group study the readings for the next Sunday; searching for the theme that joins the four readings and relating it to our faith journey in these troubled times. The discussions have been wide ranging and have included topics such as: *guilt, forgiveness, the Christian pathway, creation, the Christian heritage*

THE NOVEMBER FIRST SUNDAY EVENT

On Sunday November 5 at 6.00pm Christchurch will offer the opportunity for you to remember those whom you have loved but see no longer. If you would like a particular name to be remembered, please sign the list on the Christchurch altar, or let FP know.

TUESDAY GAMES

'Toasty Tuesdays' have ended to be replaced by **TG** (Tuesday Games). This will take place every other Tuesday which continues at **2pm – 4.30pm**. on **October 24 and November 7 and so on!!** You will be VERY welcome to join in whatever the games are, which could be: **BINGO, WHIST, BOARD GAMES etc.** as well as enjoying tea, coffee, juice and even **CAKE!!** *By November depending on the weather we may be back to 'Toasty Tuesdays'*

THE CHRISTCHURCH SUPPER CLUB

This initiative and it is hoped to welcome guests from all over the Benefice. The idea is quite simple – you come along, bring something to share and we simply spend an evening together. The time is **7.00pm** and the next date is: **SATURDAY JANUARY 13 2024 / 7.00pm**. This new date has been delayed so it can mark the passing of the ecclesiastical parish of Lanner. *REMEMBER, the Benefice of Redruth becomes ONE parish on January 1 2024.*

OTHER EVENTS AT CHRISTCHURCH

Margaret's Last Monday Tea Party 2.00pm – 4.00pm. Home made cake and lots of chat!!

Due to events, the next tea party is on **MONDAY OCTOBER 30**

The Last Friday Film Club doors open at 6.30pm., camera rolling at 7.00pm

The cost is £5.00 which includes ice-cream!!

The November First Sunday Event, 6.00pm in Christchurch will be the 'Remembering' service for those who have been loved but seen no longer.

Saturday November 11 Classics by Candlelight

On the eve of Remembrance Sunday at 7.00pm. Led by the 4Tunes saxophone quartet the evening will include classic musical pieces and readings to help us remember: ***They shall grow not old as we that are left grow old***

MARY PHILLIPS (RIP) Some of you will remember Mary. She lived in St Ives and came to special events in the Redruth Benefice. Her life slipped from her in Glencoe on Thursday October 12. Details of her funeral will be in the weekly sheet when they are known.

With very best wishes from everyone linked with Christchurch

(PS. The OPEN PANTRY is still there and donations are gratefully received!!)

FP

ST EUNY

Harvest Festival was celebrated on October 1st at St Euny and many gifts were added to our offering throughout the week as we were open. We had a lovely display of goods that have been donated to foodbank and warm space. Church was decorated with corn dollies, a skill learnt and put into practice on the previous Wednesday by members of Open Café – many thanks to them. Perhaps we will become more ambitious in our designs in future, having had the fun of an introduction to this ancient custom.

Our doors have remained open during the day over the summer, and we have had many entries in our visitors' book appreciating the opportunity to visit this beautiful peaceful place. Going forward, opening times are a decision for the DCC. Meanwhile, Canon Pat has updated her 'Pilgrim Passports' and St Euny features in the new ones, as do our benefice churches of St Andrew, Pencoys and Christ Church Lanner. If you do take one of these, look for entries 88, 89 & 90 and get your sticker stamp. There are now 100 churches opening with the scheme, a wonderful response and a great statement of church being open to all.

We miss Charlie, our brilliant organist, who is in France until the end of October, but will be back for Christmas. Lucie and Jason have done a valiant job with recorded hymns, but we are all agreed that a live organist is best.

After the popularity of the events last year, we intend to run two wreath-making sessions at St Euny during Advent. These will be on Saturday 2nd December and Saturday 9th December from 12.00 noon to 3.00pm. Soup lunches, mince pies and hot drinks, including mulled wine, will be available for all. The cost of wreath-making will be £8 to include all materials. It is useful to know numbers in advance, so if you or anyone you know would like to take part, please do let Linda Beskeen know - a message via the church email address will get to us. We will also be holding our Community Christmas Tree display, setting up and decorating trees will be on Wednesday 29th November from 2-4pm or later by arrangement, and from 11.00-3.00pm on Saturday 2nd December.

The annual Advent Carol Service at St Euny will take place at 6.00pm on Sunday 26th November in place of Evensong. There will be mulled wine and mince pies after, everyone is welcome. We will also offer mulled wine and mince pies after the Christmas Eve Service of Nine Lessons and Carols, at 6.00pm on Sunday 24th December, so this will replace fourth Sunday evensong in December.

Open Cafe will continue as usual on Wednesdays, opening over the Christmas period. We intend to have a festive tea on Wednesday 27th December at our usual time, 2-4pm after the 1.30pm service of Holy Communion.

We continue to benefit from the voluntary work undertaken by Paul Wilkins who puts in many hours to keep our graveyards in good condition. He trims the grass and weeds in both the churchyard garden and in the extension in his spare time. Both are a substantial undertaking and although the Cormac services take responsibility for these graveyards, which are now closed, they manage them, as 'wildlife spaces' and cut three times a year. For those who visit, this would leave the ground difficult to access, so we are lucky to have such dedication which makes it possible for people to enjoy this space so much more readily.

Linda Beskeen

St. Andrew's Pencoys with Four Lanes Methodist Church
'FLAPJACK'

Worshipping, praying and working together as 'One in Christ' St. Andrew's Church remains open daily from about 10am-4pm with optional Covid-safe precautions in place (covid is still with us)

On Sunday, 1st October, we enjoyed a beautiful Harvest Thanksgiving Service at the Methodist Church, when a good amount of produce was donated. This had been intended to re-stock the Open Pantry at in St. Andrew's porch, but sadly this had been mindlessly vandalised and was still being put right, so the produce was donated to Lorna's "Faith Food" outlet in Alma Place. Nevertheless, despite the setback with the Open Pantry, we had a lovely evening at our Harvest Supper Service, when 18 of us sat down to a feast of delightful food. We thank Margaret for leading the service, all who contributed food, and also Pip, Robin and their friends, Jenny and Mark from Gleaning Cornwall, who told us all about the wonderful work done by their organisation. Since starting in mid-2021 they have gleaned over 150 tonnes of produce, saving food charities around £275,000 and feeding about 6000 of Cornwall's most vulnerable people nearly every week who are unable to make ends meet and suffer from food insecurity. If they did not exist to fill this need, a terrific amount of good food would simply rot in the fields. About £150 was raised on the night to support them. If you are interested in their work please see gleaningcornwall.org.uk Facebook or Holly, gleaningcornwall@gmail.com

The next First Sunday Evening Event will be held at Christchurch Lanner at 6pm on 5th November and feature 'Remembrance'. Please advise Fr. Peter as soon as possible if you wish to remember someone whose name is not yet on your church's list.

Flapjack services and events during November will be:

Every Wednesday at 6pm Holy Communion at St. Andrew's Pencoys. On Wednesday 1st November (All Saints' Day) there will be a Holy Communion Service of Remembrance at 6pm.

Saturday 4th November: Quiz, Pencoys Hall 7pm

Sunday 5th November: Flapjack Holy Communion 11.15am

Lighthouse 3–5pm at the Methodist Church

First Sunday Evening Event 6pm at Christchurch Lanner

Sunday 12th November: Act of Remembrance and laying of Wreaths at St. Andrew's Lych (Remembrance Sunday) Gate 10.45am then Flapjack Family Event at St. Andrew's 11.15a.m., and a said service of Holy Communion at 12.30pm

Saturday 18th November: Games (Bingo) Evening 6–8 pm Pencoys Hall.

Sunday 19th November: Methodist Morning Service 11.15am Methodist Church

Holy Communion St. Andrew's Pencoys 6m

Saturday 25th November: Bangers & Mash Methodist Church from 11am

Sunday 26th November: Benefice Holy Communion 10.30am **CHRISTCHURCH LANNER PATRONAL FESTIVAL.** Teatime Celebration Pencoys Hall 4pm

Thursday 30th November: **ST. ANDREW'S PATRONAL FESTIVAL** Bring & Share Supper in Pencoys Hall, 7 p.m. (please check time with weekly sheet). All welcome.

The Wednesday Warm Welcome social afternoons at the Methodist Church will continue on 8th and 22nd November at 2pm when all are welcome

Jill Tolputt

ST ANDREW REDRUTH

The Lowender Festival will brighten our streets and community venues from Thursday 26th to Sunday 29th October. This is a wonderful celebration of arts from Celtic nations and associated communities which now includes visiting artists & musicians from across the Celtic world. The Lorient Interceltic Festival in Brittany continues to be an annual draw for around 750,000 visitors. It was the force of nature that was Brenda Wooton that brought a Cornish contribution to the first Celtic music festival there in 1970. Brenda, the voice of Cornwall at the time, seen standing onstage in a billowing gown became affectionately known in France as the 'pamplemousse' (grapefruit).

From Lorient other festivals grew and in Cornwall the festival became known as Lowender Peran. In Cornish Lowender means 'mirth', a lovely name for a festival; Peran, a reference to its original location in Perranporth. Peran has now been dropped and Lowender first came to Redruth last year, 2022, based at Redruth school. The many performers and participants need accommodation and following the practice of schools being used in Lorient, the tradition of creating dormitories continues here, hence the timing to coincide with the half-term holiday. This year's festival is bigger than last year and the programme includes contributions from Wales, Scotland, Ireland and the Isle of Man. You will see performers in Fore Street, events in Kresen Kernow and Sunday includes a Celtic Service in the Wesley Buildings.

St Andrew's has been chosen as the venue for the presentation of 'The Prophecy of Merlin', to be held on Saturday 28th October at 4.00pm. This is a rendering by the well-known musicians and performers, Mike O'Connor and Barbara Griggs. With fiddle, harp and concertina this duet tells stories accompanied with traditional music and verse in a beautiful merger of fact and fiction. They are great ambassadors for Cornwall. The story of the 'Prophecy of Merlin' is based on ancient texts which portray Merlin as a prophet who can foretell the entire history of Britain. Although it is thought that his character and most of his prophecies were invented, his words were interpreted for many centuries as having foreseen significant events. This tale is set in 936, when the Cornish had been expelled from Exeter by Athelstan & the border set at the River Tamar, bringing together history and fiction to relay the story to a modern audience.

As a particularly Cornish community festival with far-reaching influence, Lowender has the potential to bring much to Redruth in many ways. It is great that St Andrew's is participating and it will be beneficial to us all if the festival thrives with our support. If you are interested in finding out more the Lowender website is: <https://www.lowender.co.uk/festival/programme-2023/>

St Andrew's will be holding a Christmas Fair on Friday/ Saturday 24/25 November 10am-4pm the day of the Redruth Wassail. Helpers and donations will be most welcome – please see future pew sheets for details.

There will also be an art exhibition in the Crypt on Saturday 18 November 7pm-9pm.

Linda Beskeen



CHRISTMAS MARKET

St Andrew's Redruth

FRIDAY & SATURDAY

24/25 NOVEMBER

10.00am—4pm

Arts

Crafts

Cakes

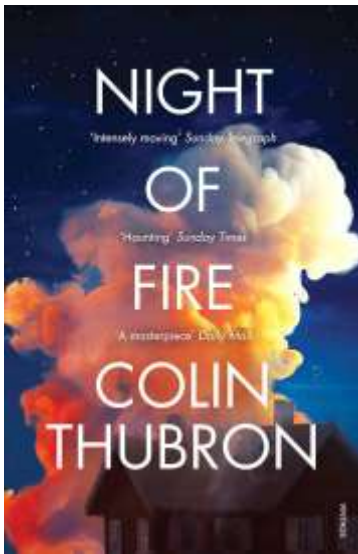
Chutneys

plus

Light refreshments



BENEFICE BOOK CLUB NEWS



Everyone managed to read most of *Should we Fall Behind*, some skimming the pages to discover the ending, and the consensus was that it was a good read, one we would recommend to you. At the November meeting we share our thoughts about *Night of Fire* by Colin Thubron. *A house is burning, threatening the existence of its tenants: a failed priest, a naturalist, an atheist neurosurgeon, a schoolboy, an obsessive photographer and a traveller, along with their landlord, whose relationship with them is both intimate and shadowy. As the inferno courses through the building we start to notice inexplicable resonances between the lives of the tenants, motifs that recur and details that repeat, and that surely cannot all be explained as coincidence!*

I always wonder how our discussions will go and what the different views will be of how the story flows and which of the characters becomes the favourite. Why not come along and share your views.

We have a complete change for our December meeting, *A Life Worth Living* by Tommy Jessop, an autobiography. Stephen Fry says *I can't recommend it highly enough. Everyone needs to hear his voice.* Tommy Jessop is a multi award winning actor, theatre performer and campaigner. He has been at the vanguard of bring awareness of the potential of people living with Down Syndrome to the media and to government. This is Tommy's story from his journey into acting and campaigning while showing his unstoppable determination, charisma and love for life. Tommy's natural instinct to help others leaps out from the pages, as does his wish to make people aware that those with learning disabilities just want to be treated by everybody else.

Tommy recently made a documentary with his brother, about his great wish to star as a Superhero named Roger! The documentary shows him reaching Hollywood and finding a producer; all he has to do now is write the story!!

Two very different books which I'm sure will give us lots to talk about. If you fancy joining us please do on November 3rd at 10.00 at my house. Please ring 219059 if you don't know where that is.

Margaret Saville

FROM THE REGISTERS

BAPTISMS

08 October	2023	Onyx-Neo Waller	St Stephen Treleigh
15 October	2023	Theo Walters	St Andrew Redruth

WEDDINGS

23 September	2023	Adam James Lee Matthews and Natalie Bonita Challoner	St Euny
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FUNERALS

21 September	2023	Adrian Mansell Thomas	St Stephen Treleigh
20 October	2023	Ralph Robins	St Andrew Redruth

INTERMENT OF ASHES

28 September	2023	Robert Beeney	St Euny
28 September	2023	Adrian Mansell Thomas	St Stephen Treleigh

Pastoral Group

Just a reminder to everyone in our churches to look out for one another. If you have concerns about someone who is not well and would like a visit or holy communion at home please tell your church warden or your pastoral co-ordinator (listed below). You may also have noticed someone missing from church over a number of weeks and don't know why. Please do let us know, it's better to hear from two or three people than not to hear at all.

Your co-ordinator is:-

St Andrew Pencoys	Fr Peter
St Andrew Redruth	Pie Louis-Smith and Lavinia Green
St Euny	Jason Hoole-Jackson
St Stephen Treleigh	Ann Youlton
Christchurch Lanner	Linda James

The co-ordinators try to meet once a month to pray for those in need and support one another

Revd Margaret and Fr Peter

Extracts from a Redruth Newspaper

by Michael Tangye

For many years this writer has transcribed reports from local Cornish newspapers of the Victorian and Edwardian periods—the following examples may be of interest to readers:-

The Cornubian Redruth—June 3rd 1909 ‘Suffragettes again made an appearance at Redruth on Friday evening outside the Council Offices at Station Hill. Miss Pethick, organising secretary for Cornwall welcomed the large gathering, which had met on the premises the previous week. After the meeting they were accompanied to the Station with a police escort who cleared the platform of the huge crowd who followed them.

The meeting at Camborne had been disrupted by the School of Mines Students who were again prominent when The Suffragettes met at the end of Gurney’s Lane. Bills announcing the time of meeting at 3.30pm, were altered to 8.00pm and others to 7.30pm. Only Miss Pethick and two others arrived on time. Anti Suffragette notices were chalked on pavements. Speeches were interrupted by the students who again brought their banner ‘Blokes for Women’- and hired a cab to parade their banner. After many speeches and attempts to break up the meeting only two held up hands in support of the Suffragettes’

The Opening of Redruth County Secondary School (Grammar)
(now the site of the Art Centre ‘Krowji’ at West End) ‘The Cornubian’ October 10th 1907
Opened by General Sir Redevers Buller VC G.C.M.G. The architect. Mr Morley Collins presented him with a silver key to open the building built of local stone with granite dressing to all angles. On the ground floor is the large central hall measuring 49ft x 24ft extending to the full height of the building. Five classrooms open out from the hall; each for 25 pupils. From the outer hall the cloak rooms and other offices are reached. Concrete and steel fire-proof and over the galleries on either side of the main hall lead to a further classroom, chemistry and physics laboratory, lecture room, masters room, stores and other rooms. Heating by hot water pressure pipes. There is wood block flooring. The entrance hall is of marble terrazzo (**Note:-** it was at that time a private fee-paying school which also awarded free scholarships to deserving pupils. At that time central heating was in its early stages)

Cornubian Aug 4th 1906

(at that time motor vehicles were replacing horse-drawn transport on Cornish roads and causing accidents which were reported in local newspapers at an increasing rate.)
‘Motor cars have become the terror of the road! The roads were not made for vehicles moving with such velocity. A few years ago the bicycle was looked upon as a danger to the public, but nowadays motorcars, owned by wealthy people are allowed to use the roads in such a way that a railway train upon the highway could not be worse. In his passage he raises huge clouds of dust which often fill the air from hundreds of yards behind, and emit odours which make the beautiful country roads smell like a sewage farm!

We need better roads, and a telephone system between Police Stations to catch offenders.
‘Bring back the 4MPH speed limit!’

(**Note:** regarding the dust on the roads—tarmac was not then widely used)

See pictures on next page



1906 Ford

My Way to Compostela Day 7

Estella to Torres del Rio

30.9 Km

by Len Cunningham

Our evening at the sports centre was very relaxing and the meal was delicious, possibly helped by the good company. You soon come to realise that food becomes a big issue on the Camino. The manager of the Albergue was himself a devoted Pilgrim, and with great pride delighted in showing us his pilgrim passports for the 12 times that he had completed the Camino. Breakfast was a feast in itself and we were on the trail by 9am, Clive had left earlier, so did not walk with us.

A middle-aged Canadian couple who joined us for the evening had decided that they had walked enough and decided to go home. We headed out onto the trail and soon reached the point where the path passes the ancient Monasterio Irache. Founded in 958 it remained a resting place for pilgrims up to 1985 when it closed due to lack of new monks entering the order. The Monasterio used to offer free wine for passing pilgrims and had a fountain for pilgrims to help themselves as they passed. A local Bodegas continues the tradition but it was closed when we passed so unable to ditch my water supply for wine! From this point the path lead us into a peaceful Pine and Holm Oak forest for 3.4km (hope the conversion skills are improving) to reach the village of Azueta passing the 13th century 'Fuente de Los Moros' fountain of the Moors. A further 1.3km brought us to the Villamayor de Monjardín lying at an elevation of 650 metres it provides the pilgrim with splendid views of the surrounding countryside. The trail now follows an access road to pass another Bodegas (no free wine) to turn right down through its vineyards, (no grapes) and into woodland to come upon the A12, which we safely cross by use of an underpass. We continue along remote farm tracks for a lovely peaceful 8.7km of uninhabited countryside of mixed farmland of vineyards "will I ever see grapes" and olive groves, the openness of the fields provides no shade and the day is getting warmer.

Passing the site of an ancient pilgrim hospital 'Cugullo' and a fountain 'Fuente del polo de Baurín' 'Fountain of the well'. Although still in use the water is not drinkable, so I was glad to have my water! We follow on along side the Rio Cugullo which at this time of the year was dry, we did however have some shade from the pine trees which line the river bank before we had a gentle climb up through the Pass of the Goats, 'Portillo de las Cabras' before descending into Los Arcos, where we stopped for lunch.

To be Continued

Answers to last month's quiz - how well did you do?

1. Nicotine
2. Amygdala
3. Melatonin
4. Theophrastus
5. 67% it seems high but it is logical when you consider most fruits and vegetables have high water content and by removing everything else increases
6. Blaise Pascal
7. They only operate at extremely cold temperatures - well below even the coldest air temperature
8. Carrots are a source of retinal, which help the light absorb light energy, carrots won't make eyesight sharper but it will improve the ocular health
9. Washington State
10. The six lunar modules to carry astronauts to the moon's surface
11. 3/11 (three-eleventh)
12. Geodetics
13. Universal Serial Bus
14. Bakelite
15. Higgs Boson
16. Swedish scientist Karl Scheele
17. The Arabic world, where it was known as al-jabr
18. Astronomer, he was based at the Mount Wilson Observatory and used the vast Hooker telescope to expand our knowledge of the universe
19. Silicon
20. Argon

2024 MAGAZINE SUBSCRIPTIONS

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thurstanhoskin.co.uk | info@thurstanhoskin.co.uk
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SRA: 648277

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Telephone 01736 230 055 (Mon - Fri 9.00am - 5.15pm)
Tuesday, Wednesday, Friday | 9.00am - 5.00pm
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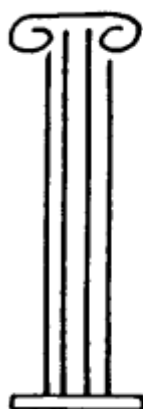


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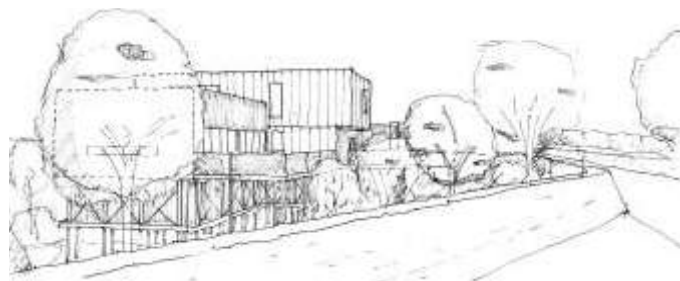
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